



**Phoenix  
Children's**

# Ultrasound

This is a book about getting an ultrasound, which takes pictures of the inside of your body. You will go to Phoenix Children's for your ultrasound.



When you come inside the building, someone at the check-in desk will ask your grownup questions and show you how to get to the Radiology area.



When you get to Radiology, your family will use a tablet to check you in and tell the staff that you are here. You can bring a toy from home to play with while you wait.



The first time your name is called, you and your grownup will go to the check-in desk and get a bracelet with your name and birthday on it. Then you can go back to your spot to wait for your name to be called again.



When they are ready to do your ultrasound, staff will call your name again and bring you to a stoplight screen to check your bracelet.

When the stoplight turns green, follow the leader to the ultrasound room!



The ultrasound room has a comfy bed, television, and ultrasound machine. Your grownup can stay with you the whole time – there is a chair for them, too!



There are many reasons why your doctor may want you to have an ultrasound. The person who will take your pictures is called an ultrasound tech or a sonographer.





This is the smooth wand the ultrasound tech will gently and slowly move over your skin to look inside your body and take pictures.



The tech may ask you to lay on your back, side, or stomach to take your ultrasound pictures. Some kids like to lay by themselves on the bed. Other kids like to sit with their grownup.



First the tech will put gel on the wand. You can help the tech by moving your clothes out of the way. They will tuck small towels in your clothes to keep them clean. The gel may feel cold or warm against your skin when the wand touches you.



Your most important job is to hold still. Some kids like to watch the tech moving the wand on their body. Other kids like to play with something they brought from home.



What will you choose to do during your ultrasound?

When the tech is finished with your pictures, they will wipe all the gel off your body.  
You are all done – way to go!

