

Phoenix Children's Hospital Adult Cystic Fibrosis Clinic



(602) 933-0985 > Option 1 for English or **Option 2** for Spanish > **Option 3** (CF Clinic)

For urgent concerns after hours, call (602) 933-1000 to page the on-call pulmonologist.

Call the clinic promptly for the following issues:

- ◆ Increase in cough or wheeze
- ◆ Increase in sputum amount or color change
- ◆ New or increased blood in sputum
- ◆ New or increased shortness of breath
- ◆ New or increased sinus pain or headache
- ◆ Fever, chills or sweats
- ◆ Frequent vomiting or abdominal pain
- ◆ Decreased or poor appetite
- ◆ Changes in stool pattern

If you have increased respiratory symptoms, try:

- ◆ Increasing Albuterol/levalbuterol to 4 puffs (up to every 4 hours)
- ◆ Increasing Hypertonic Saline to 3 - 4 times daily
- ◆ Increasing CPT/VEST treatments to 3 - 4 times daily

Call 911 or visit the emergency department if you are experiencing:

- ◆ Difficulty breathing or severe shortness of breath
- ◆ Severe abdominal pain

Adult patients should go to Banner University Medical Center. This is the only adult hospital where Phoenix Children's CF providers have privileges. Tell them you have CF upon check-in.

Banner University Medical Center
1111 E. McDowell Rd.
Phoenix, AZ 85006
(Located at 12th St. and McDowell Rd.)

Important Phoenix Children's phone numbers:

- Scheduling (select option for scheduling)(602) 933-0985
- Follow My Health patient portal.....(602) 933-1490
- Pharmacy.....(602) 933-2048
- Prior authorization (medication).....(602) 933-6696
- Psychology (specify CF when calling)(602) 933-0414
- Radiology scheduling.....(602) 933-1213

Other important phone numbers:

- CF Foundation Compass (resource hub).....(844) 266-7277
- CFF Legal Hotline.....(713) 224-1161
- Healthwell Foundation(800) 675-8416
- CF Foundation AZ Chapter.....(602) 244-0068

Reminders

- ◆ The CF Foundation care guidelines recommend four clinic visits per year. This allows health care providers to monitor for changes and keep you healthy.
- ◆ Notify your CF team as soon as possible if you have changes in your insurance. We want to make sure you have uninterrupted access to your medication and health care.
- ◆ We are here to help! Please reach out to us if you have questions about your health or need assistance obtaining or affording your care or medications.

Phoenix Children's Hospital Pediatric Cystic Fibrosis Clinic

(602) 933-0985 > Option 1 for English or Option 2 for Spanish > Option 3 (CF Clinic)

For urgent concerns after hours, call (602) 933-1000 to page the on-call pulmonologist.



Call the clinic promptly for the following issues:

- ◆ Increase in cough or wheeze
- ◆ Increase in sputum amount or color change
- ◆ New or increased blood in sputum
- ◆ New or increased shortness of breath
- ◆ New or increased sinus pain or headache
- ◆ Fever, chills or sweats
- ◆ Frequent vomiting or abdominal pain
- ◆ Decreased or poor appetite
- ◆ Decreased or poor urine output

When having increased respiratory symptoms:

- ◆ Increase Albuterol to 4 puffs up to every 4 hours
- ◆ Increase Hypertonic Saline to 3 - 4 times daily
- ◆ Increase CPT/VEST treatments to 3 - 4 times daily
- ◆ Do not increase Pulmozyme

Call 911 or visit the emergency department if you are experiencing:

- ◆ Breathing getting worse with rapid breathing, retractions
- ◆ No improvement with medication

Notify the clinic, when able, for the following:

- ◆ Poor or decreased appetite
- ◆ Weight loss
- ◆ Changes in stool pattern or output

Important Phoenix Children's phone numbers:

Scheduling	(602) 933-0985
Follow My Health patient portal.....	(602) 933-1490
Pharmacy.....	(602) 933-2048
Prior authorization (medication).....	(602) 933-6696
Psychology (specify CF when calling)	(602) 933-0414
Radiology scheduling.....	(602) 933-1213
Gastroenterology	(602) 933-0940
ENT (otolaryngology)	(602) 933-0940
Endocrinology	(602) 933-0935
Ophthalmology	(480) 835-0709
Surgery.....	(602) 933-0016

Reminders

- ◆ The CF Foundation guidelines recommend four clinic visits a year. If under 2 years old, more frequent visits are required.