



# Caring for your children, on and off the field



## Sports Medicine + Physical Therapy

Children and teen athletes are constantly growing and pushing their bodies harder than ever before. When they suffer an illness or injury, it's important they receive specialized medical attention from experienced providers who know just how to care for growing kids. Phoenix Children's has your young athlete's health care needs covered — on and off the field.

At Phoenix Children's, our sports medicine and physical therapy teams have extensive experience and training in treating children and teens who have a wide range

of sports-related injuries. With seven valley-wide sports medicine locations — including four fully-equipped, state-of-the-art Sports Medicine Physical Therapy facilities — we help young athletes quickly recover from injuries, and safely return to play.

For a full list of Sports Medicine and Physical Therapy services, visit [phoenixchildrens.org/sportsmed](https://phoenixchildrens.org/sportsmed) or [phoenixchildrens.org/sportspt](https://phoenixchildrens.org/sportspt).

## Urgent Care for after hours and weekends

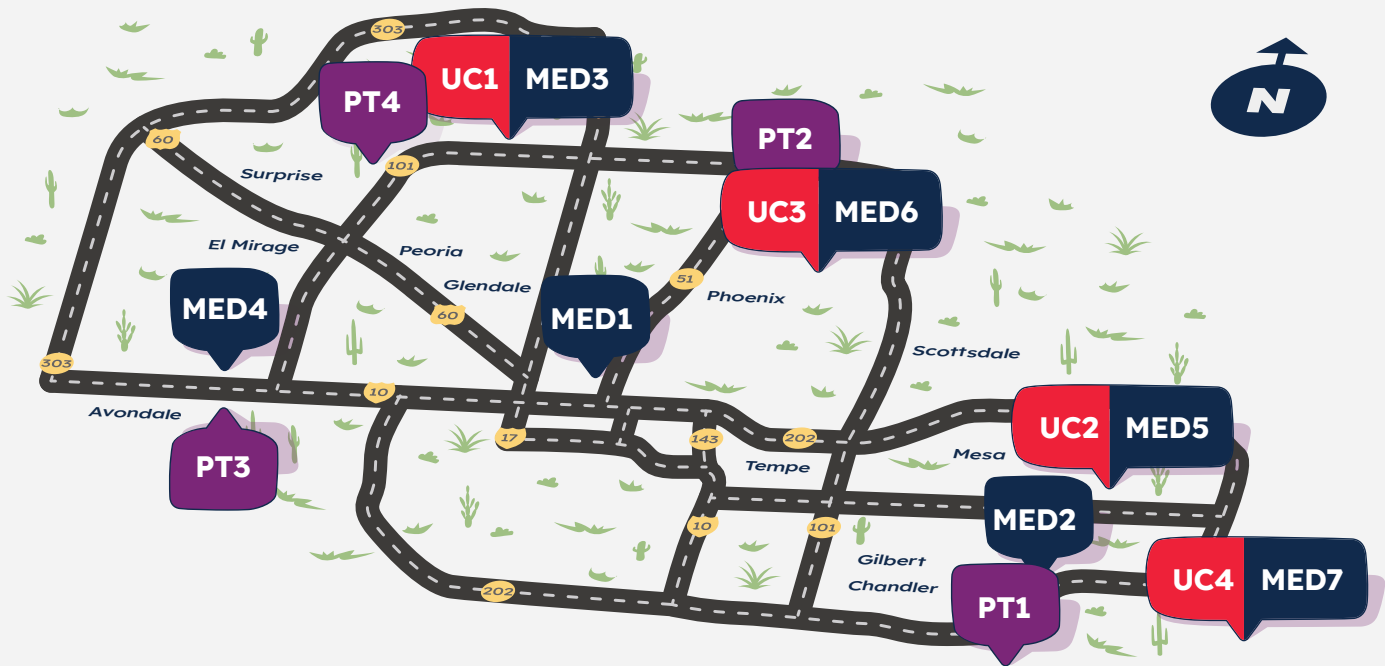
For illnesses or injuries that require same-day pediatric care, you can count on Phoenix Children's Urgent Care for your child's medical needs. Our board-certified providers are equipped with pediatric X-rays and point-of-care testing. Please visit [phoenixchildrens.org/wait-times](https://phoenixchildrens.org/wait-times) for hours and additional information.

For a full list of locations and wait times, visit [phoenixchildrens.org/wait-times](https://phoenixchildrens.org/wait-times).

If you are unsure whether your child should seek urgent care, please call **602-933-KIDS (5437)**.

**Note: If your child is experiencing a life-threatening emergency, call 911 immediately.**

# Urgent Care and Sports Medicine Locations



## Urgent Care

### UC1

20325 N. 51st Ave.  
Glendale, AZ 85308  
602-933-0003

### UC2

5131 E. Southern Ave.  
Mesa, AZ 85206  
602-933-0002

### UC3

6990 E. Shea Blvd.  
Scottsdale, AZ 85254  
602-933-0004

### UC4

6321 S. Ellsworth Rd.  
Fieldhouse A, Suite 114  
Mesa, AZ 85212  
602-933-3750

Please visit [phoenixchildrens.org/wait-times](http://phoenixchildrens.org/wait-times) for our walk-in hours and additional information.

## Sports Physical Therapy

### PT1

3530 S. Val Vista Dr.  
Suite B205, Gilbert, AZ 85297  
602-933-SPRT (7778)

### PT2

4215 E. Bell Rd.  
Suite 100, Phoenix, AZ 85032  
602-933-SPRT (7778)

### PT3

765 N 114th Ave.  
Suite 101, Avondale, AZ 85323  
602-933-SPRT (7778)

### PT4

18969 N. 83rd Ave.  
Suite 4, Peoria, AZ 85382  
602-933-SPRT (7778)

Hours of operation vary by location. Please visit [phoenixchildrens.org/sportspt](http://phoenixchildrens.org/sportspt) for our hours and to learn more.

## Sports Medicine

### MED1

1919 E. Thomas Rd.  
Phoenix, AZ 85016  
602-933-3033

### MED2

3370 S Mercy Rd.  
Medical Office Building 2  
Gilbert, AZ 85297  
602-933-3033

### MED3

20325 N. 51st Ave.  
Glendale, AZ 85308  
602-933-3033

### MED4

1665 N. Avondale Blvd.  
Avondale, AZ 85392  
602-933-3033

### MED5

5131 E. Southern Ave.  
Mesa, AZ 85206  
602-933-3033

For more information about Phoenix Children's, including our services, providers and locations visit [phoenixchildrens.org](http://phoenixchildrens.org)

### MED6

6990 E. Shea Blvd.  
Scottsdale, AZ 85254  
602-933-3033

### MED7

6321 S. Ellsworth Rd.  
Fieldhouse A, Suite 114  
Mesa, AZ 85212  
602-933-3750

## Sports Medicine Hours

(by appointment):

Monday	8 a.m. – 5 p.m.
Tuesday	8 a.m. – 5 p.m.
Wednesday	8 a.m. – 5 p.m.
Thursday	8 a.m. – 5 p.m.
Friday	8 a.m. – 5 p.m.
Saturday	Closed
Sunday	Closed