Pool Supervision

Choosing a capable adult supervisor when at the pool improves supervision and reduces drowning risk.

Tips on being a good supervisor are:

Before you go to the pool



Are you overly stressed, tired, or anxious? If so, consider not going to the pool because this decreases your ability to supervise.



Be prepared. Pack all snacks, toys, towels, and life jackets before heading to the pool. You never want to step away from the children you are supervising.

At the pool



Choose a "Boss of the Pool" to supervise children. This is an adult who knows how to swim, is not under the influence of alcohol or marijuana, and is free of distractions such as cell phones and food responsibilities.



If you can, **swim with more than one "Boss of the Pool."** Every 15-30 minutes switch supervision duties with another adult.



The "Boss of the Pool" should always stay within touch distance and be able to see the face of young children and non-swimmers, even when they are wearing life jackets.



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Leaving the pool



Announce that swim time has ended. Check to make sure children have left the pool area, then close and lock the gate. Always secure the pool fence. Make sure children can't go over, under, or through the fence.

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Once inside, **make sure all doors** and windows to the pool are locked and secure. Don't forget the doggy doors.



Place door alarms on exterior doors that give children access to the pool. The alarm will notify you that the door has been opened.



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