



Phoenix Children's®

# FAQs - Phoenix Children's Sports Medicine and Urgent Care at Bell Bank Park

We look forward to caring for children in our community at Phoenix Children's Sports Medicine and Urgent Care at Bell Bank Park. The following are answers to some frequently asked questions about the services offered at this location.

## 1. Where Is Phoenix Children's Sports Medicine and Urgent Care at Bell Bank Park located?

We are located inside the front entrance of Fieldhouse A at Bell Bank Park.

The address is: 6321 South Ellsworth Road, Suite 114, Mesa, AZ 85212.

## 2. What are the hours for each?

Phoenix Children's Sports Medicine at Bell Bank Park is open from 8 a.m. to 5 p.m., Monday through Friday. Appointments are required. Sports Medicine is closed on all major holidays.

- **To make a Sports Medicine appointment, please call 602-933-3033.**

Phoenix Children's Urgent Care at Bell Bank Park is open from 5 p.m. to 11 p.m. on weekdays and 10 a.m. to 9 p.m. on weekends. Hours of operation are unchanged for holidays and follow the normal hours for the day of the week.

- **For Urgent Care, please call 602-933-3750.**

## 3. What types of care and services do you provide?

Our Sports Medicine team is staffed with board-certified sports medicine specialists who provide care for common sports injuries, including:

- Concussion and head injuries
- Ankle injuries and instability
- Shoulder injuries
- Overuse injuries
- Sprains, strains and broken bones
- Knee injuries (ACL, MCL, meniscal repair)
- Cartilage repair or replacement

Our Urgent Care team is staffed with board-certified providers and nurses who provide walk-in care for injuries or illnesses that require same-day care, including:

- Allergic reaction (without trouble breathing)
- Dehydration
- Nose bleeds
- Orthopedic injuries such as sprains, strains and broken bones
- Asthma and wheezing
- Minor head injury
- Minor cuts and wound care

In addition, Urgent Care provides pediatric X-rays and point of care urine and blood testing for conditions such as strep, flu, COVID-19, urinary tract infections and blood glucose.

## 4. Are appointments required?

### **Sports Medicine:**

Appointments are required. However, if your child is injured on-site, stop by or call to see when the next appointment is available. Same-day appointments may be available.

- **For Sports Medicine appointments, please call 602-933-3033.**

### **Urgent Care:**

No appointment is needed. Patients are treated on a walk-in basis.

- **For Urgent Care, please call 602-933-3750.**

## 5. What ages do you treat?

Sports Medicine treats patients until their 21st birthday.

Urgent Care treats patients until their 18th birthday.

## 6. If my child is injured, where should I take them?

*If your child has a life-threatening injury that requires immediate medical care, call **911** or take them to the nearest Emergency Department.*

If your child experiences a sports-related injury on-site during Sports Medicine hours, stop in or call us at 602-933-3033 to find out when the next appointment is available.

For injuries that take place during evenings or weekends, our Urgent Care opens at 5 p.m. on weekdays and at 10 a.m. on weekends.

## 7. What follow-up services does Phoenix Children's offer following a Sports Medicine visit and injury diagnosis?

If your child needs physical therapy following a diagnosis, Phoenix Children's has four locations available. Your Sports Medicine physician will refer you directly to a physical therapist near you.



**Phoenix  
Children's**

Visit [phoenixchildrens.org/bellbankpark](https://phoenixchildrens.org/bellbankpark)