



**PHOENIX  
CHILDREN'S**

**Project of The Ambulatory Patient and Family Advisory  
Council**

## **MENTAL HEALTH PROVIDER LIST**

Disclaimer\* Phoenix Children's does not endorse, approve or recommend any particular provider or organization and makes no representations as to their services or programs. The information and links are being provided as a convenience and for informational purposes only. \*

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# WHERE DO YOU LIVE?

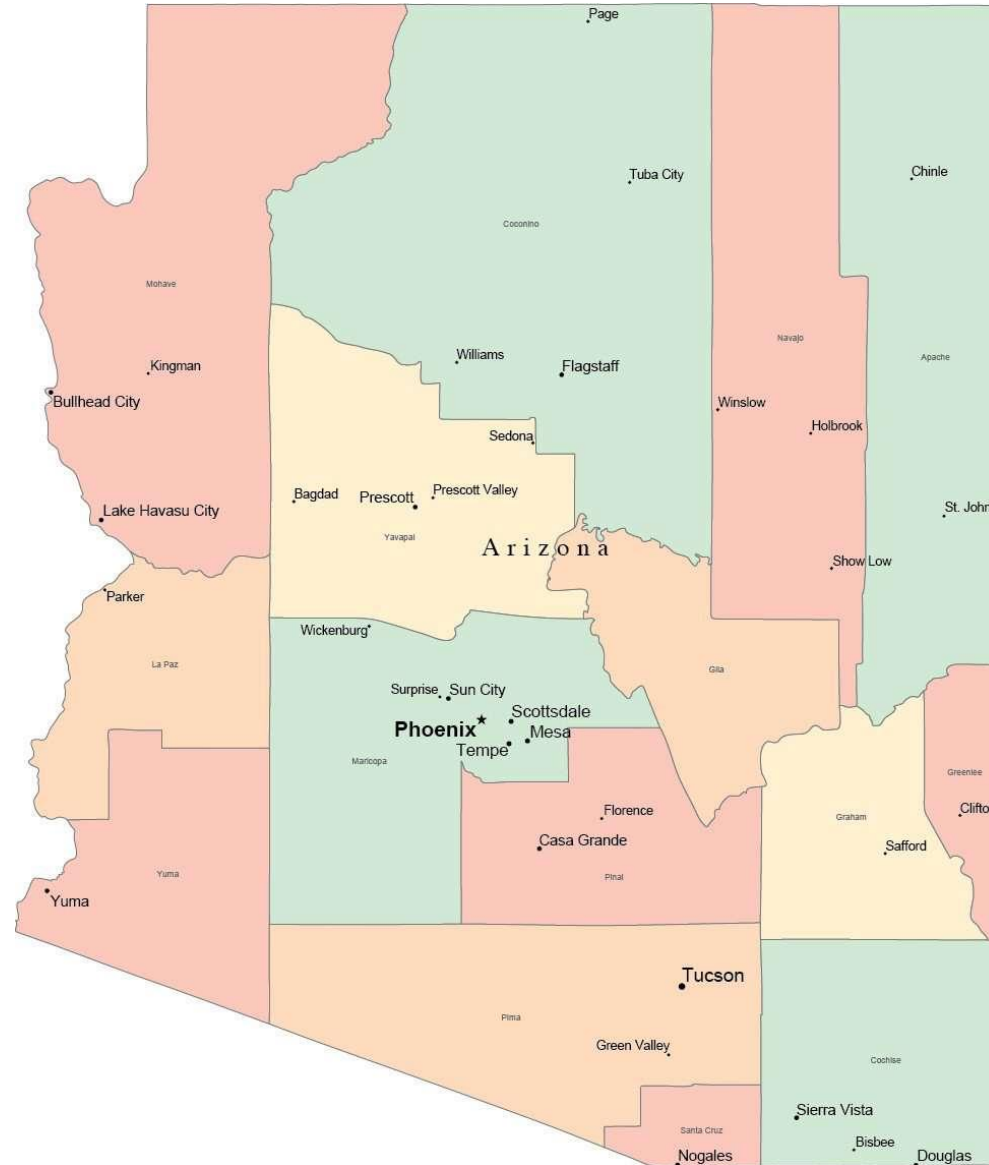
Phoenix  
[Click here](#)

Northwest Valley  
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Southwest Valley  
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Northeast Valley  
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Southeast Valley  
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Casa Grande  
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Sedona  
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# MENTAL HEALTH PROFESSIONAL DEFINITIONS

	<b>Psychiatrist</b>	<b>Psychiatric Nurse Practitioner</b>	<b>Psychologist</b>	<b>Neuropsychologist</b>	<b>Mental Health Therapist</b>	<b>Social Worker (LCSW)</b>
	<i>MD/DO</i>	<i>PsyNP</i>	<i>PhD/PsyD/EdD</i>	<i>PhD/PsyD/EdD</i>	<i>MS/MA Licensed Professional Counselor (LPC) Substance Abuse Therapist (MAC or NCAC) Marriage &amp; Family Therapist (LMFT)</i>	<i>MSW</i>
<b>Focus</b>	-Assess mental and physical aspects psychological problems  -Medication management  -Psychotherapy  -Substance use treatment	-Assess mental and physical aspects psychological problems  -Medication management	-Assess and diagnose mental illness  -Psychotherapy	-Evaluations regarding memory or thinking	-Diagnose and treat mental health issues  -Help patients and families  -Help navigate chronic illness  -Assist in navigating educational systems	-Diagnose and treat mental health issues  -Help patients and families  -Help navigate chronic illness  -Assist in navigating educational systems
<b>Able to write Prescriptions?</b>	Yes	Yes	Not in Arizona	Not in Arizona	No	No

# LGBTQ+ Providers

## Phoenix

[Dawn Byrd, PsyD](#)

[Jose Luis Madera](#)

[Mischa Cohen Peck, MA](#)

[DBT center of Arizona](#)

[Raschell Bailey, LPC](#)

[Lindsey R Buckman, Psy.D](#)

## Northwest Valley

[McKenzie Cortese, LAC](#)

## Northeast Valley

[Ryan Sheade, LCSW](#)

## Southeast Valley

[Avilio A. Vieira, PsyD](#)

[Canfield Counselling, LLC](#)

[Tally Iskovitz, LPC](#)

[Cheryl Sexton, MS, LMFT](#)

[Kristen White](#)

[Beth Anne Bloomfield-fox, LAC](#)



# PHOENIX PROVIDERS

## PSYCHOLOGY

[Center for Therapy and Mindfulness](#)

[Phoenix Institute for Psychotherapy](#)

## PSYCHIATRY

[Redemption Psychiatry](#)

[Serenity Mental Health Centers](#)

## SUBSTANCE ABUSE

[Adolescent Substance Abuse](#)

[Open Hearts Family Wellness](#)

## CLINICAL SOCIAL WORK

[Child Crisis AZ](#)

[Open Hearts Family Wellness](#)

[Michael Cooter, MSSW, LCSW](#)

## PROFESSIONAL COUNSELING

[Desert View Counseling and Consulting](#)

[Doorways Counseling](#)

[Lifeline Professional Counseling](#)

[Northlight Counseling Associates, INC.](#)

[WellTree Mind and Body](#)

## BEHAVIORAL HEALTH

[Gentry Pediatric Behavioral Services](#)

[Southwest Human Development](#)

[Arizona Autism United](#)

[Hope Group](#)

[Southwest Autism Research and Resource Center](#)

[S.E.E.K. Arizona](#)

[Terros Health](#)

[Touchstone Health Services](#)

[YoungMind Center](#)

[Raising Special Kids](#)

## MARRIAGE AND FAMILY THERAPY

[Child and Family Support Services](#)



# NORTHWEST VALLEY PROVIDERS

## PSYCHOLOGY

[Dr. Mark Treegoob](#)

## PSYCHIATRY

[Redemption Psychiatry](#)

## SUBSTANCE ABUSE/ EATING DISORDERS

[Adolescent Substance Abuse Program](#)

[The Meadows Ranch](#)

## BEHAVIORAL HEALTH

[Aurora Behavioral Health System](#)

[Youth Advocate Programs](#)

## PROFESSIONAL COUNSELING

[Desert View Counseling and Consulting](#)

[Lifeline Professional Counseling](#)





# SOUTHWEST VALLEY PROVIDERS

## PSYCHIATRY

[Dr. Barbara Baumgardner](#)

## PROFESSIONAL COUNSELING

[Lifeline Professional Counseling](#)

## BEHAVIORAL HEALTH

[Touchstone Health Services](#)



# NORTHEAST VALLEY PROVIDERS

## PSYCHOLOGY

[Beljan Psychology Services](#)

[Valley Sunrise Psychology](#)

[The Nicholls Group](#)

[Melmed Center](#)

## PROFESSIONAL COUNSELING

[Professional Counseling Associates](#)

## PSYCHIATRY

[Dr. Robert Schulte, MD](#)

[Arizona Schwartz Group](#)

## SUBSTANCE ABUSE/ EATING DISORDERS

[A New Beginning](#)

[Healthy Futures](#)

## CLINICAL SOCIAL WORK

[Robert Mount, LCSW](#)

## PLAY THERAPY

[The Nicholls Group](#)



# SOUTHEAST VALLEY PROVIDERS

## PSYCHOLOGY

[Dr. Kathleen](#)

[Cramer Dr. Lori](#)

[BurrueI-Homa](#)

[Dr. Michael Tansy](#)

[Stride Psychology](#)

[Trilogy Psychological Services](#)

[Dr. Mark Treegoob](#)

## BEHAVIORAL HEALTH

[Aurora Behavioral Health System](#)

[Oasis Behavioral Health Hospital](#)

[Connie S. Pyburn, Ph.D.](#)

[Touchstone Health Services](#)

## PSYCHIATRY

[Affiliated Psych Services](#)

[Serenity Mental Health Centers](#)

[Redemption Psychiatry](#)

[Valleywise Health](#)

[Joellen H. Butler, NPPC](#)

## MARRIAGE AND FAMILY THERAPY

[ASU Clinical Psychology Center](#)

[Arizona Marriage and Family  
Therapy Clinic](#)

[Teresa Greth](#)

[Open Hearts Family Wellness](#)

## PROFESSIONAL COUNSELING

[Gail S. Ziv, PsyNP](#)

[Wyman Counseling Services](#)

[Professional Counseling Associates](#)

[Lifeline Professional Counseling](#)

[Spectrum Counseling](#)

[Northlight Counseling Associates. INC.](#)

[Dr. Maki Obana](#)

[Unique Family Services](#)

## CLINICAL SOCIAL WORK

[Child Crisis AZ](#)

[Horizon Health and Wellness](#)



# Flagstaff, Sedona, and Prescott Providers

## PSYCHIATRY

[Tribe Wellness Group](#)

[Viewpoint Dual Recovery](#)

## BEHAVIORAL HEALTH

[Katherine Meyer, MSW, LCWS](#)

[Doreen Ellis](#)

[Southwest Behavioral and Health  
Services](#)

[Spectrum Healthcare](#)

[Polara Health](#)

## MARRIAGE AND FAMILY THERAPY

[Dr. Kim Kalas](#)





# Casa Grande, Yuma, and Tucson Providers

## PSYCHIATRY

[Crisis Preparation and Recovery](#)

## BEHAVIORAL HEALTH

[Corazon Behavioral Health Services](#)

[Resilient Health](#)

[Yuma Counseling](#)

[Yuma Mental Health and Wellness](#)

[Latibule Counseling](#)

[Pathways of AZ](#)

# Dawn Byrd, Pys.D

## CONTACT



2102 W Bethany  
Home Rd Phoenix, A  
85015

(602) 526-8315

<https://phoenixpsychologists.com>

## SERVICES

**Ages: All**

ACT

Art therapy

Brainspotting

Cultural sensitivity

Person centered

## SPECIALTY

LGBTQ+

Family conflict

Relationships

Suicidal ideation

Life transitions

OCD

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy

Accepts insurance



# Jose Luis Madera

## CONTACT



736 E Flynn Lane  
Phoenix, AZ 85014

<https://www.Maderawellnesscenter.com>

## SERVICES

**Ages: 5+**

Individual Therapy

Anger Management

Transgender

Coping skills

## SPECIALTY

Trauma and PTSD

Depression

Men's issues

LGBTQ+

## DETAILS

Up-to-date website

Cash Pay rates listed on website

Evidence based Therapy

Accepts insurance

Bilingual Services



# Mischa Cohen Peck, MA

## CONTACT



301 E. Bethany Home  
road suite c296  
Phoenix, AZ 85012

(602)570-2373

[https://qcounseling.com/about  
-doctor-peck/](https://qcounseling.com/about-doctor-peck/)

## SERVICES

**Ages: All**

EMDR

Counseling

## SPECIALTY

Transgender

LGBTQ+

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy

Accepts insurance





# DBT Center of Arizona

## CONTACT



11811 N Tatum Blvd  
#3031 Phoenix, AZ  
85028

(602)953-7688

<https://www.DBTarizona.com>

## SERVICES

**Ages: 5+**

CBT

DBT therapy

Family therapy

Play therapy

## SPECIALTY

LGBTQ+

Culture

Gay Allied

HIV/AIDS

Veterans

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy

# Raschell Bailey, LPC



## CONTACT



12691 W. Smokey Dr.  
Bldg, D Suite 127  
Surprise, AZ 85378

(602)-6723789

## SERVICES

**Ages: All**

DBT therapy

Music therapy

Video therapy

Movement  
therapy

## SPECIALTY

Culture and sexuality

LGBTQAI+

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy

Accepts insurance



# Lindsey R Buckman, Psy.D.

## CONTACT



818 E Osborn Rd.  
Suite 107 Phoenix,  
AZ 85014

(442) 500-5851

<https://drlindseybuckman.com>

## SERVICES

**Ages: 14+**

Anxiety

Caregiving

Transgender

Life transitions

Grief

## SPECIALTY

Trauma and PTSD

Women's issues

LGBTQ+

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy



# MCKENZIE CORTESE, LAC

## CONTACT



17505 North 79<sup>th</sup>  
Avenue Suite 211-C  
Glendale, AZ

(623)-300-1292

<https://www.Agavecounseling.com>

## SERVICES

**Ages: 13+**

ADHD

Life transitions

Grief

Transgender

## SPECIALTY

Anxiety

Depression and trauma

LGBTQ+

PTSD

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy

Bilingual services

# AVILIO A. VIEIRA, PsyD.



## CONTACT



1930 S. Alma School  
Rd. Suite A216 Mesa,  
AZ

(480)-282-4237

<https://oasispsychservices.com>

## SERVICES

**Ages: 13+**

LGBTQ+ therapy

## SPECIALTY

LGBTQ+

Transgender

Provides letters for gender affirming care, hormones and surgery

## DETAILS

Up-to-date website

Cash Pay rates listed on website

Evidence based Therapy

Bilingual services



# CANFIELD COUNSELLING, LLC

## CONTACT



482 S Gilbert Road  
Suite 109 Gilbert, AZ  
85233

(480)-369-0604

<https://wwwcanfieldcounseling.org>

## SERVICES

**Ages: 12+**

Individual Therapy

Evaluations/Assessment

## SPECIALTY

Trauma based therapy

LGBTQ+

Works with transgender youth

Provides World Professional Association for transgender health letters

## DETAILS

Up-to-date website

Cash Pay rates listed on website

Evidence based Therapy

Accepts insurance



# TALLY ISKOVITZ, LPC

## CONTACT



3303 E Baseline Rd  
Suite 114 Gilbert, AZ  
85234

(480)-545-6773

<https://sunnysidetherapy.com>

## SERVICES

**Ages: 10+**

Mental Health

Counselling

## SPECIALTY

LGBTQ+

Works with transgender  
diverse youth

Provides World Professional  
Association for transgender  
health letters

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy

Accepts insurance



# CHERYL SEXTON, MS, LMFT

## CONTACT



3125 S Price Rd  
Chandler, AZ 85248

(480)-725-3207

<https://www.psychologytoday.com/us/therapists/cheryl-sexton-chandler-az/168149>

## SERVICES

**Ages: 10+**

Individual Therapy

Couples Therapy

Anxiety treatment

## SPECIALTY

LGBTQA+

Family Systems therapy

Works with transgender  
diverse youth

Provides World Professional  
Association for transgender  
health letters

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
Therapy



# KRISTEN WHITE

## CONTACT



459 N. Gilbert Rd.,  
Suite C-100 Gilbert,  
AZ 85234

(480)-507-3644

<https://www.santanbhs.com>

## SERVICES

**Ages: 5+**

Counseling

Behavioral Coach

GED program

## SPECIALTY

LGBTQ+

Mentoring

Works with transgender  
diverse youth

## DETAILS

Up-to-date website

Accepts insurance

Evidence based  
Therapy

Bilingual services



# BETH ANNE BLOOMFIELD-FOX, LAC

## CONTACT



1845 S. Dobson Rd.  
#213 Mesa, AZ  
85202

(480)-630-7750

<https://betherapycounseling.com>

## SERVICES

**Ages: 10+**

Solution focused

CBT

Commitment

therapy

## SPECIALTY

LGBTQ+

Provides World Professional  
Association for transgender  
health letters

Transgender therapy for ages  
14+

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
therapy

Bilingual services  
Accepts insurance



# RYAN SHEADE, LCSW

## CONTACT



9449 N 90<sup>th</sup> St Suite  
205 Scottsdale, AZ

(480)-261-5051

<https://www.integratedmha.com/ryan-m-sheade-lcsw>

## SERVICES

**Ages: All**

Individual Therapy

Couples Therapy

Play Therapy

CBT

## SPECIALTY

Pre-natal and Post-natal  
support

Boys and Girls group

Provides World Professional  
Association for transgender  
health letters

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
therapy

Accepts insurance



# KATHERINE MEYER, MSW, LCSW

## CONTACT



405 N Beaver Street  
Flagstaff, AZ 86001

(928)286-7229

## SERVICES

**Ages: All**

Individual Therapy

LGBTQ Therapy

## SPECIALTY

Provides World Professional  
Association for transgender  
health letters

Anxiety

Divorce

Works with transgender  
diverse youth

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
therapy

Accepts insurance



# DR. KIM KALAS

## CONTACT



125 E Elm Ave, Suite  
204 Flagstaff, AZ

(928)774-5272

<https://www.drkalas@kimkallas.com>

## SERVICES

**Ages: 5+**

Individual Therapy

Group Therapy

Evaluations/Assessment

BASICS Alcohol  
Intervention

## SPECIALTY

Family Therapy

Anxiety, depression and stress

Chronic health problems

## DETAILS

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
therapy

Bilingual services



# JESSICA EISENHOWER, LAC

## CONTACT



1929 N Trekell Rd.  
Casa Grande,  
85122

(520)-421-3321

## SERVICES

**Ages: All**

Behavioral Health

## SPECIALTY

Works with transgender  
diverse youth

LGBTQ+

## DETAILS

Cash Pay rates listed  
on website

Evidence based  
therapy

Bilingual services

# ASU CLINICAL PSYCHOLOGY CENTER

## CONTACT



1100 E University  
Dr

(480)-965-7296

<https://www.psychology.asu.edu/asu-clinical-psychology-center.com>

## SERVICES

**Ages: 5+**

Individual Therapy

Group Therapy

Evaluations/Assessment

BASICS Alcohol  
Intervention

## SPECIALTY

Family Therapy

Anxiety, depression and stress

Chronic health problems

## DETAILS

Accepts insurance

Up-to-date website

Cash Pay rates listed  
on website

Evidence based  
therapy

Bilingual services

# A NEW BEGINNING

## CONTACT



9825 N 95<sup>th</sup> Street  
Suite 101  
Scottsdale, AZ 85258

(480)-941-4247

<https://www.anewbeginning.com>

## SERVICES

**Ages: All**

Healthy Weight  
Management

Nutrition Services  
(Eating Disorders,  
Diabetes, Optimal Health)

## SPECIALTY

Eating Disorders

Anorexia

Bulimia

Binge Eating Disorder

Emotional Overeating

Night Eating Syndrome

Male Eating Disorders

Exercise Bulimia

“Late-in-Life” Eating Disorders

## DETAILS

Up-to-date website

Does not accept  
insurance

\* BUT provides invoices to  
insurance companies \*

Cash Pay rates

Evidence based  
therapy

Bilingual services


Telehealth services





# ADOLESCENT SUBSTANCE ABUSE PROGRAM (ASAP)



## CONTACT

 2530 S Alma School Rd  
Mesa, AZ 85210

 8607 N 59<sup>th</sup> Avenue  
Suite #C-6 Glendale,  
AZ 85302

 3839 E Shea Boulevard  
Phoenix, AZ 85028

(602)-434-0249

<https://www.asapaz.com/>

## SERVICES

**Ages: 12-18**

10 week (30 session)  
Intensive Outpatient  
Program:

Intensive Group Therapy,  
Cognitive-Behavioral Therapy,  
Motivational Interviewing  
Techniques,  
Parent Training,  
Family-Based Therapy,  
Drug Testing,  
Peer Support

## SPECIALTY

Substance Abuse

## DETAILS

Up-to-date website  
Accepts *\*private\**  
insurance

Cash Pay rates listed  
on website

Evidence based  
therapy listed on  
website

Telehealth services



# BELJAN PSYCHOLOGICAL SERVICES

## CONTACT



9835 E Bell Road  
Suite 140  
Scottsdale, AZ 85260

(602)-957-7600

<http://www.paulbeljan.com/>

## SERVICES

**Ages: All**  
Neuropsychological  
Assessment

Psychoeducational  
Assessment

Developmental Assessment

Psychotherapy & Treatment

Non-psychotherapy  
Intervention

Forensic Evaluations

## SPECIALTY

Pediatric and Adult  
Neuropsychology

## DETAILS

Up-to-date website

Cash Pay Rates  
\*available upon request\*

Evidence based  
therapy listed on  
website



# CENTER FOR THERAPY AND MINDFULNESS

## DR. STACI DAVIS, PSYCHOLOGIST

### CONTACT



5110 N 44<sup>th</sup> Street  
Suite L200  
Phoenix, AZ 85018

(480)-410-2238

<http://www.centerftm.com/>

### SERVICES

**\*Adults Only\***

### SPECIALTY

Depression

Anxiety

Trauma

Relationship Conflicts

### Details

Up-to-date website

Accepted insurance listed on website


Accepts Cash Pay

Evidence based therapy listed on website



# VALLEY SUNRISE PSYCHOLOGY, PLLC COLLEEN CARR, Ph.D.

## CONTACT

 10149 N 92<sup>nd</sup> Street  
Suite 103  
Scottsdale, AZ 85258

(480)-442-5567

<http://www.valleysunrisepsychology.com/>

## SERVICES

**Ages: 4+, but mostly teenagers**

Individual Psychotherapy

Couple's Therapy

## SPECIALTY

Depression

Anxiety

Trauma

Grief

Relationship Problems

Child Behavior and/or Social Problems

Life Transitions and Stressors

## DETAILS

Up-to-date website

Accepted insurance listed on website


Cash pay rates listed on website

Evidence based therapy listed on website



# DR. KATHLEEN CRAMER, Ph.D.

## CONTACT

 1830 S Alma School Rd  
Suite 104  
Mesa, AZ 85210

(480)-355-4261

<http://www.drkathleencramer.com/>

## SERVICES

**Ages: 18+**

Psychological or  
Neuropsychological  
Testing

Individual Therapy

Forensic Services

## SPECIALTY

Clinical, Educational and  
Forensic Psychology

## Details

Up-to-date website

Accepted insurance  
listed on website

Accepts Cash Pay


Evidence based  
therapy listed on  
website



# DR. MICHAEL TANSY, Ph.D. ABPP

## LICENSED PSYCHOLOGIST

### CONTACT

 4140 E Baseline Road  
Suite 101  
Mesa, AZ 85206

(480)-966-9337

<http://www.michaeltansy.com/>

### SERVICES

**Ages: 5+**

Psychological Services

School psych board  
certification

### SPECIALTY

Pediatric and Adult  
Psychological Services

Patient Advocacy

Anxiety, depression and  
coping

### DETAILS

Up-to-date website

Accepted insurance  
listed on website

Accepts Cash Pay

Evidence based  
therapy

Telehealth services



# STRIDE PSYCHOLOGY

## DR. MARY OAKLEY, Psy.D., CC-AASP

### CONTACT



2600 E Southern Ave  
Suite C3  
Tempe, AZ 85282

(480)-800-4459

### SERVICES

**Ages: 4-80**

Psychological Services

### SPECIALTY

Behavior Problems

ADHD

Learning Disabilities

Anxiety

Depression

Bipolar Disorder

Life Adjustments

### DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services



# PHOENIX INSTITUTE FOR PSYCHOTHERAPY

## DR. FELIX SALOMON, Ph.D., Psy.D.

### CONTACT



7111 N 7<sup>th</sup> Street  
Phoenix, AZ 85020

(602)-870-0991

<http://www.pip-mhc.com/>

### SERVICES

**Ages: All and all life stages**

Child Psychology

Couples Therapy

Psychotherapeutic Services

Psycho-Diagnostic Services

Forensic Services

### SPECIALTY

Contemporary Psychoanalysis

Existential-Humanistic Psychology

Multi-modal Multi-Member Individual and Family Psychoanalytic Therapy (Mm Mm Psa)

### Details

Up-to-date website

Does not accept insurance

\*BUT provides services on modified sliding scale basis.\*

Cash Pay rates

\*call for more information\*

Evidence based therapy listed on website

Bilingual services





# GENTRY PEDIATRIC BEHAVIORAL SERVICES, PLLC

## CONTACT



7600 N 16<sup>th</sup> Street  
Suite 110  
Phoenix, AZ 85020

(602)-368-3282

<http://www.gentrypbs.com/>

## SERVICES

**Ages: 0-18**

Diagnostic Evaluations  
Counseling and Parent Training  
Independent Education Evaluations (IEE)  
Applied Behavioral Analysis  
Functional Behavior Assessment (FBA)  
Speech and Language Services  
Group Therapy

## SPECIALTY

Autism  
Psychology  
Behavioral  
Speech and Language

## DETAILS

Up-to-date website  
Accepted insurance listed on website  
Accepts Cash Pay  
Evidence based therapy listed on website



# TRILOGY PSYCHOLOGICAL SERVICES, LLC

## NICOLE HUGGINS, Psy.D. CCTP, CCSOTS

### CONTACT



4135 S Power Road  
Suite 112  
Mesa, AZ 85212

(480)-813-3990

### SERVICES

**Ages: All**

Evaluation Services

Counseling Services

Consulting/Court Services

Group Services

### SPECIALTY

Comprehensive cognitive and academic evaluations for learning disabilities, autism, family court, and schools.

Forensic Evaluations

Bonding Assessments

Best Interest Assessments

### Details

Does not accept insurance

\* BUT provides invoices for reimbursements \*

Cash Pay rates listed on website

Evidence based therapy listed on website



# THE NICHOLLS GROUP

## CONTACT



9965 N 95<sup>th</sup> Street  
Suite 101  
Scottsdale, AZ 85258

(480)-998-2303

<http://www.thenichollsgroup.com/>

## SERVICES

### **Ages: All**

Neuropsychological Evaluations

Academic Evaluations

Emotional/Behavioral Evaluation

Autism Spectrum Disorder

Memory Screening/Dementia  
Evaluation

Forensic Evaluations/Records  
Review

Psychotherapy/Counseling  
Services

## SPECIALTY

Cognitive-Behavioral  
Therapy

Client-Centered Therapy

Family Systems

Experiential Therapy

Solution-Focused Therapy

Play Therapy

## QUESTION

Up-to-date website

Does not accept  
insurance

\* BUT provides invoices for  
reimbursements \*

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# DR. MARK TREEGOOB, PSYCHOLOGIST

## CONTACT



19420 N 59<sup>th</sup> Ave  
Suite C269  
Glendale, AZ 85308



6625 S Rural Road  
Tempe, AZ 85283

(602)-843-5485

<http://www.marktreegoob.com/>

## SERVICES

**Ages: 12+**

Individual, Couples, or  
Family Therapy

## SPECIALTY

Therapy for Depression  
and Anxiety  
Family Counseling  
Parenting Support Work  
and Career Issues Stress  
Management OCD  
ADHD  
Asperger's  
Syndrome/High  
Functioning Autism

## QUESTION

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Telehealth services



# DR. ROBERT DANIEL SCHULTE, M.D.

## CONTACT



9590 E Ironwood  
Square Drive  
Suite 210  
Scottsdale, AZ 85258

(480)-451-3454

[http://www.robertschulte  
md.com/](http://www.robertschulte<br/>md.com/)

## SERVICES

**Ages: All**

Psychiatric Services

## SPECIALTY

Child and Adolescent  
Psychiatry

Neurology

## DETAILS

Up-to-date website

Does not accept  
insurance but  
reimburses

Accepts Cash Pay

Evidence based  
therapy

Bilingual services


Telehealth services




# AURORA BEHAVIORAL HEALTH SYSTEM



## CONTACT

 Aurora West  
6015 W Peoria Avenue  
Glendale, AZ 85302  
(623)-344-4400

 Aurora East  
6350 S Maple Avenue  
Tempe, AZ 85238  
(480)-345-5400

<https://www.auroraarizona.com/>

## SERVICES

### **Ages: All**

Adult Inpatient Detox  
and Chemical  
Dependency  
Adolescent Programs Decades  
Older Adult Program Uniformed  
Services Track Outpatient  
Services  
Electroconvulsive Therapy (ECT)  
Chaplain Services Program  
Trauma-Focused Intensive  
Outpatient Program (IOP)  
Specialized Needs Unit  
Equine Therapy

## SPECIALTY

Behavioral Health  
Chemical Dependency

## Details

Up-to-date website  
Accepted insurance  
listed on website  
Cash pay rates listed  
on website  
Evidence based  
therapy listed on  
website  
Bilingual services  
Telehealth services



# VALLEYWISE HEALTH

## CONTACT



570 W Brown Road  
Mesa, AZ 85201

(480)-344-2100

<https://www.valleywisehealth.org/locations/behavioral-health-center-mesa/>

## SERVICES

**Ages: All**

Intensive Individual  
Psychotherapy

Group Therapy

Family Therapy

Medication Management

## SPECIALTY

Psychiatric, psychological,  
emotional and behavioral  
symptoms

## DETAILS

Up-to-date website

Accepts Insurance

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services





# AFFILIATED PSYCH SERVICES

## CONTACT



90 S Kyrene Road  
Suite 4  
Chandler, AZ 85226

(480)-775-6423

<http://www.mypsychservices.com/>

## SERVICES

**Ages: All**

Marriage and family

Clinical social work

Counseling

Sexual Abuse

Trauma

## SPECIALTY

Psychiatry

Anxiety and grief counseling

Trauma therapy

Sexual abuse

Couples therapy

## DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on website

Evidence based therapy listed on website


Bilingual services



# ARIZONA THERAPYWORKS

## DR. BARBARA BAUMGARDNER

### CONTACT

 600 N Bullard Avenue  
Suite 10  
Goodyear, AZ 85338

(623)-262-8915

<http://www.barbarabaumgardner.com/>

### SERVICES

**Ages: All**

Holistic and personalized  
psychiatric and  
psychological services

### SPECIALTY

Medication consultation

Prescription and medication  
management

Therapy

Functional and Holistic  
Psychiatric Evaluation  
and Diagnosis

### DETAILS

Up-to-date website

Does not accept  
insurance

\* BUT provides invoices for  
reimbursements \*

Accepts Cash Pay

Evidence based  
therapy listed on  
website

Bilingual services



# SERENITY MENTAL HEALTH CENTERS

## DR. TEEJAY TRIPP, D.O.

### CONTACT



20950 N Tatum Blvd  
Suite 380  
Phoenix, AZ 85050



4545 E Chandler  
Bld  
Suite 308  
Phoenix, AZ 85048

(480)-630-4794

<http://www.serenitymentalhealthcenters.com/>

### SERVICES

**Ages: 18-60**

Transcranial Magnetic  
Stimulation (TMS)

Ketamine Therapy

ADHD Testing

Anxiety testing

Medication Management

Depression testing

### SPECIALTY

Psychiatry

Transcranial Magnetic  
Stimulation (TMS)

Complex cases of  
treatment-resistant  
mental health issues

### Details

Up-to-date website

Accepts insurance

Accepts Cash Pay


Evidence based  
therapy listed on  
website

Bilingual services –  
Spanish



# GAIL S. ZIV, PsyNP

## CONTACT

 2135 E University Drive  
Suite 116  
Mesa, AZ 85213

(480)-325-0313

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## SERVICES

**Ages: 3-62**

Medication management

Onsite counseling

## SPECIALTY

Adolescents

## DETAILS

Accepted insurance  
listed on website

Evidence based  
therapy listed on  
website



# ARIZONA SCHWARTZ GROUP

## CONTACT



10165 N 92<sup>nd</sup> Street  
Suite 101  
Scottsdale, AZ 85258

(480)-899-4077

<http://www.azschwartzgroup.com/>

## SERVICES

**Ages: 5-60**

Psychiatric Assessments  
Psychopharmacology  
Medication Management

Psychotherapy/Counseling  
Psychological Assessment  
PsychoEducational Testing  
Autism Spectrum Testing  
Neuropsychological Testing  
Personality Testing  
Biofeedback

## SPECIALTY

Psychiatry and  
Psychology

Genetic Testing

CBC

## QUESTION

Up-to-date website

Does not accept  
insurance

\* BUT provides invoices for  
reimbursements \*

Accepts Cash Pay

Evidence based  
therapy listed on  
website



# REDEMPTION PSYCHIATRY

## CONTACT

2730 S Val Vista Drive, Suite 146  
Gilbert, AZ 85295

600 S Dobson Road, Suite 36-E  
Chandler, AZ 85224

202 E Earll Drive, Suite 160  
Phoenix, AZ 85012

17505 N 79<sup>th</sup> Avenue, Suite 203  
Glendale, AZ 85308

10000 N 31<sup>st</sup> Avenue, Suite A-105  
Phoenix, AZ 85051

(480)-471-8560

[http://www.redemptionpsychiatry.co\\_m/](http://www.redemptionpsychiatry.co_m/)

## SERVICES

### **Ages: All**

Psychiatric Evaluation

Medication Management

Genetic Testing for drug  
effectiveness

Tele-Psychiatry

ADHD Testing

Transcranial Magnetic Stimulation  
(TMS)

Ketamine Infusion Therapy

## SPECIALTY

Mood Disorders

Anxiety

TMS for Depression

## Details

Up-to-date website

Accepted insurance  
listed on website

Accepts Cash Pay

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# ARIZONA MARRIAGE AND FAMILY THERAPY CLINIC

## CONTACT



6100 W Gila Springs Place  
Suite 19  
Chandler, AZ 85226



690 E Warner Road  
Building 10, Suite 152  
Gilbert, AZ 85296



7581 S Willow Drive  
Suite 109  
Tempe, AZ 85284

(480)-282-8778

<https://azmftclinic.com/>

## SERVICES

**Ages: All** Individual

Therapy Couples

Therapy Family

Therapy Intensive

Therapy Premarital

Therapy

Groups and Workshops

## SPECIALTY

Relationships

## DETAILS

Up-to-date website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# CHILD AND FAMILY SUPPORT SERVICES, INC.

## CONTACT



10439 S 51<sup>st</sup> Street  
Phoenix, AZ 85044

(480)-635-9944

<https://www.cfss.com/>

## SERVICES

### **Ages: All**

Independent Living Skills  
Social Skills Development  
Care Coordination/Case  
Individualized Living Environments  
Parenting Skills Training and Support  
Parent Aide Services  
DCS in-home services/family  
preservation and reunification  
Individual, Family, and Couples  
Counseling  
Intensive Outpatient Substance  
Abuse Services  
Substance Abuse prevention and  
Education  
Medication Management/Psychiatric  
Medication Services

## SPECIALTY

Providing supportive services for individuals and families with emotional, relational, behavioral, or developmental struggles.

## DETAILS

Up-to-date website

Accepts insurance

Accepts Cash Pay

Evidence based therapy listed on website

Bilingual services





# WYMAN COUNSELING SERVICES

## DR. HEIDI WYMAN, Ph.D. LMFT

### CONTACT



1166 E Warner Road  
Suite 101  
Gilbert, AZ 85296

(602)-397-0535

<http://www.wymancounselingservices.com/>

### SERVICES

**Ages: All**

Communication Skills

Stress Reduction

Depression and Anxiety

Variety of Relationship  
Issues

Behavior Issues

### SPECIALTY

Couples and  
Relationships

### DETAILS

Up-to-date website

Accepts insurance

Accepts Cash pay

Evidence based  
therapy listed on  
website



# TERESA GRETH, MS, LMFT, PLLC

## CONTACT



1955 S Val Vista Drive  
Suite B120  
Mesa, AZ 85204

(480)-262-0339

<http://www.teresagreththerapist.com/>

## SERVICES

**Age: Adults**

Marital conflict  
Stress  
Grief and loss  
Addiction  
Domestic violence  
Anger management  
Low self esteem  
Trauma and parenting issues.  
Depression and anxiety.

## SPECIALTY

Adult individuals and couples

## DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on website

Evidence based therapy listed on website



# DESERT VIEW COUNSELING & CONSULTING

## CONTACT



13260 N 94<sup>th</sup> Drive  
Suite 100  
Peoria, AZ 85381



5150 N 16<sup>th</sup> Street  
Suite C-163  
Phoenix, AZ 85016

(623)-487-7763

<http://www.desertviewcounseling.com/>

## SERVICES

**Ages: 2+**

Vocational Counseling

Assessment of ADHD

Life Coaching

Employee Assistance  
Program

## SPECIALTY

Eye Movement  
Desensitization and  
Reprocessing (EMDR  
Treatment)

## Details

Up-to-date website  
Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services  
Telehealth services



# DOORWAYS COUNSELING CENTER

## CONTACT



4747 N 7<sup>th</sup> Street  
Suite 450  
Phoenix, AZ 85014

(602)-997-2880

<http://www.doorwaysarizona.com/>

## SERVICES

**Ages: 13-25** Individual

Counseling Family

Counseling

Intensive Outpatient  
Programs (IOP)

Dialectal Behavioral  
Therapy (DBT)

Medication Management

## SPECIALTY

Mood Disorders Eating

Disorders Trauma and

Abuse Suicide

Prevention Substance

Abuse Self Harm

ADD/ADHD

Anxiety and OCD

## Details

Up-to-date website

Accepted insurance  
listed on website


Cash pay rates listed  
on website


Evidence based  
therapy listed on  
website



# PROFESSIONAL COUNSELING ASSOCIATES

## CONTACT

 1830 S Alma School Rd  
Suite 112  
Mesa, AZ 85210

 9332 E Raintree Drive  
Suite 160  
Scottsdale, AZ 85260

(480)-730-6222

<http://www.pcaaz.com/>

## SERVICES

**Ages: Adolescents and  
Adults**

Individual Counseling;  
Marriage Counseling and  
Marriage Intensives; Family  
Counseling and  
Intervention;  
Psychological Testing Assessment;  
General Medical Services and  
Naturopathic Medical Care; Family  
and Forensic Services and  
Intervention;  
Crisis Intervention;  
Pastoral, Ministry and Church  
Team Counseling

## SPECIALTY

Anxiety

Depression

Psychological

Developmental  
Assessments

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# LIFELINE PROFESSIONAL COUNSELING

## CONTACT

335 N Alma School Road. Suite E  
Chandler. AZ 85224

17235 N 75<sup>th</sup> Ave, Suite F100  
Glendale, AZ 85308

5040 E Shea Boulevard, Suite 164  
Phoenix. AZ 85028

45 E Monteverde Way. Suite 100  
Phoenix. AZ 85012

10320 W McDowell Road  
Building G Suite 7022  
Avondale. AZ 85392

1423 S Higley Road, Suite 103  
Mesa. AZ 85206

(480)-641-1165

<http://www.lifelinepcs.com/>

## SERVICES

**Ages: All**

Dialectical Behavioral  
Therapy

Family Counseling

Trauma

Intensive Outpatient  
Program

Grief and Loss

## SPECIALTY

Couples Survival ADHD

Adult Coaching Mood

Management

Sexual Addiction Recovery

Partners of Sex Addicts

Substance Abuse

Veterans and First Responders

Gender and Sexual Identification

Domestic Violence

Anxiety and Stress

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website


Bilingual services

Telehealth services



# DR. MAKI OBANA, Ph.D.

## CONTACT

 3200 N Dobson Road  
Suite D-3  
Chandler, AZ 85224

(480)-721-4880

<http://www.drobana.com>

/

## SERVICES

**Age: Adults**

Individual Therapy

Couples Therapy

## SPECIALTY

Relationship difficulties

Trauma and abuse

Depression

Anxiety

Cross-cultural issues

Life transitions

Work problems

Immigration concerns

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services



# SPECTRUM COUNSELING

## DR. MARIE HADDOX, Ph.D.

### CONTACT



1760 E Boston Street  
Suite 102  
Gilbert, AZ 85295

(480)-782-0113

<http://www.spectrumcounseling.net/>

### SERVICES

**Ages: All**

Individual, Family and  
Couples Counseling

Divorce Recovery

Grief Counseling

LGBTQ Counseling

### SPECIALTY

Mood Disorders

Transgender Evaluations,  
Reassignment Counseling

Pre-Surgical Psychological  
Evaluations

Cognitive Behavioral  
Therapy

### DETAILS

Up-to-date website

Evidence based  
therapy listed on  
website

Telehealth services





# NORTHLIGHT COUNSELING ASSOCIATES, INC.

## CONTACT

2633 E Indian School Road  
Suite 360  
Phoenix, AZ 85016

4121 E Valley Auto Drive  
Suite 122  
Mesa, AZ 85206

1405 N Dobson Road  
Suite 1  
Chandler, AZ 85224

(602)-285-9696

<http://www.northlightcounseling.n et/>

## SERVICES

**Ages: All**

Cognitive Behavioral  
Therapy;  
Solution-Focused Therapy;  
Family Therapy;  
Play Therapy;  
Psychodynamic Therapy;  
Ericksonian Therapy;  
Narrative Therapy;  
Acceptance and  
Mindfulness Therapy

## SPECIALTY

Depression & related disorders;  
Bipolar Disorders;  
Anxiety & Stress-related disorders;  
Panic attacks & phobias;  
PTSD;  
Death, dying and bereavement  
issues;  
Substance abuse & relapse  
prevention;  
Sexual concerns;  
LGBTQ issues;  
OCD;  
Child behavioral problems;  
Family/stepfamily issues;  
Adjustment disorders  
EAP & disability;  
Work related issues

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website


Bilingual services



# CHILD CRISIS ARIZONA

## CONTACT

 817 N Country Club Dr  
Mesa, AZ 85201  
(480)-834-9340

 2334 E Polk Street  
Phoenix, AZ 85006  
(602)-273-7363

<https://childcrisisaz.org/>

## SERVICES

**Ages: up to 17**

Family Education

Emergency Children's Shelter

Foster Care & Adoption

Counseling

Early Education Services

Safe Kids Maricopa

Home Visitation Program

## SPECIALTY

Trauma and Attachment

## QUESTION

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates not  
listed on website

Evidence based  
therapy listed on  
website

Bilingual services



# MICHAEL HAROLD COOTER, MSW, LCSW, PLLC

## CONTACT



1536 E Maryland Ave  
Phoenix, AZ 85014

(928)-221-1175

[https://michaelcooter.co  
m/](https://michaelcooter.com/)

## SERVICES

**Ages: All**

Therapy

## SPECIALTY

Trauma

Illicit Mood Altering  
Substances and Behaviors

EMDR/AIP

## QUESTION

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website



# OPEN HEARTS FAMILY PHOENIX

# WELLNESS

## CONTACT



4414 N 19<sup>th</sup> Avenue  
Phoenix, AZ 85015



3280 S Country Club  
Way Suite 110  
Tempe, AZ 85282

(602)-285-5550

<http://www.openheartsaz.org/>

## SERVICES

**Ages: All**

Counseling

Autism Spectrum Services

Intensive Outpatient Substance  
Abuse Group

Intensive Wellness Coaching

Family Support

Case Management Services

Psychiatric & Medication  
Management

## SPECIALTY

Trauma

EMDR

BDT

CBT

Play Therapy

ABA

FBA

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay accepted

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# ROBERT MOUNT, LCSW

## CONTACT



9977 N 90<sup>th</sup> Street  
Suite 165  
Scottsdale, AZ 85258

(847)-682-9717

<http://www.robertmountlcsw.com/>

## SERVICES

**Ages: All** Individual

Therapy Group

Therapy Family

Therapy

## SPECIALTY

Adolescents

Couples

Men's Issues

## DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on website

Evidence based therapy listed on website



# SOUTHWEST HUMAN DEVELOPMENT

## CONTACT



2850 N 24<sup>th</sup> Street  
Phoenix, AZ  
85008

(602)-266-5976

<http://www.swhd.org/>

## SERVICES

**Ages: All**

Child Development and Mental  
Health

EasterSeals Disabilities Services

Early Literacy

Head Start & Early Head Start

Family Support & Child Welfare

Professional Development &  
Training

## SPECIALTY

Child Development

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website


Evidence based  
therapy listed on  
website

Bilingual services



# ARIZONA AUTISM UNITED (AZA UNITED)

## CONTACT

 5025 E Washington St  
Suite 212  
Phoenix, AZ 85034

**(602)-773-5773**

<http://www.azunited.org/>

## SERVICES

**Ages: Under 18**

Home-Based ABA;  
Speech & Language  
Therapy; Habilitation;  
“ECA” or ”HAB-M”;  
Social Groups;  
Behavior Coaching;  
Respite;  
Sibshops;  
Family Support;  
Autism Awareness Training;

## SPECIALTY

Autism

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services



# HOPE GROUP

## CONTACT



4530 E Muirwood Dr  
Suite 103  
Phoenix, AZ 85048  
(480)-610-6981



1100 E Ajo Way  
Suite 201  
Tucson, AZ 85713  
(520)-284-9655

<http://www.hopegroupaz.com/>

## SERVICES

**Ages: All**

Early Intervention Applied

Behavior Analysis

Focused Behavior  
Treatment

Community Empowerment

School Consultation

Habilitation & Respite

## SPECIALTY

Behavior analytic services to those diagnose with developmental and neurological disorders, including autism spectrum disorder

## DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on website

Evidence based therapy listed on website

Bilingual services





# SOUTHWEST AUTISM RESEARCH & RESOURCE CENTER (SARRC)

## CONTACT

SAARC's Sybil B. Harrington  
Campus for Exceptional Children  
300 N 18<sup>th</sup> Street  
Phoenix, AZ 85006

SARRC's Colonel Harland D.  
Sanders Center for Autism Studies  
2225 N 16<sup>th</sup> Street  
Phoenix, AZ 85006

(602)-340-8717

<http://www.autismcenter.org/>

## SERVICES

**Ages: All**

Diagnostic Services

Clinical Services

School-Based Services

Employment-Based  
Services

## SPECIALTY

Comprehensive  
Behavioral Program

JumpStart

Community School

Milestones

Family Orientation

Parent Training  
Program

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services



# S.E.E.K. ARIZONA

## CONTACT



4700 E. Thomas Road  
Suite 100  
Phoenix, AZ 85018

(480)-902-0771

<http://www.seekarizona.org/>

## SERVICES

**Ages: 18 and under**

Professional Therapy Services

Behavioral Health Services

Center Based Services

Direct Care Services

Professional Training &  
Development

Accessing Services

## SPECIALTY

Education of Exceptional  
Kids

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services



# RAISING SPECIAL KIDS

## CONTACT



5025 E.  
Washington St.  
Suite. 204  
Phoenix, AZ 85034

602-242-4366

<https://www.raisingpecialkids.org>

## SERVICES

**Ages: 0-26**

Art, Music, and Mental Health  
Therapies

## SPECIALTY

Parent-to-Parent Support

NICU Parent Support

## DETAILS

Up-to-date website

Bilingual services

Telehealth services



# CONNIE S. PYBURN, Ph.D.

## CONTACT



6625 S Rural Road  
Suite 101  
Tempe, AZ 85283

(480)-577-5044

<http://www.conniepyburn.com/>

## SERVICES

**Ages: birth-adulthood**

Psych Evaluations Play

Therapy

Motivational Interviewing

Dialectical Behavior  
Therapy

Crisis Intervention

## SPECIALTY

Animal Assisted Therapy

Autism

EMDR

Play Therapy

Sand Tray Therapy

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website


Evidence based  
therapy listed on  
website

Bilingual services



# HEALTHY FUTURES

## CONTACT

 8065 N 85<sup>th</sup> Way  
Scottsdale, AZ 85258

(480)-451-8500

[http://www.healthyfutures  
az.com/](http://www.healthyfuturesaz.com/)

## SERVICES

### **Ages: All**

Intensive Outpatient Eating  
Disorder Treatment; Emotional  
Eating Outpatient Program ;  
Trauma Healing;  
Professional Counseling;  
Professional Weight Care for Kids &  
Adults;  
Pre- and Post-Bariatric Surgery  
Counseling;  
DBT;  
Exercise Assessment & Personal  
Training;  
Nutrition Assessment

## SPECIALTY

Eating Disorders

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website


Evidence based  
therapy listed on  
website

Telehealth services



# HORIZON HEALTH AND WELLNESS

## CONTACT

 625 N Plaza Drive  
Apache Junction, AZ  
85120

(480)-983-0065

<http://www.hhwaz.org/>

## SERVICES

**Ages: All**

Mental Health

Primary Care

Preventative Health  
Services

## SPECIALTY

Children's services  
Crisis services  
Domestic violence  
Family medicine/primary care  
Groups  
Habilitation services Inpatient  
behavioral health Lab  
services  
Observation unit (adult)  
Outpatient behavioral health  
Pharmacy  
Psychiatric services  
Residential  
Substance abuse services  
Supported employment  
Supportive housing  
Transportation

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Telehealth services



# JOELLEN H. BUTLER, NPPC

## CONTACT



8727 S Priest  
Drive  
Suite #11297

(480)-787-9384

<http://www.joellenbutlerpsynp.com/>

## SERVICES

**Age: 18-75**

General Psychiatry

## SPECIALTY

Diagnosing

Medication Management  
in Disorders such as:  
Anxiety, ADHD, Bipolar  
Disorder, Mild to Major  
Depressive Disorder, OCD,  
PTSD, and Eating Disorders  
including Binge Eating  
Disorder in both women and  
men.

## DETAILS

Up-to-date website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website


Telehealth services



# MELMED CENTER

## DR. RAUN MELMED

### CONTACT

 4848 E Cactus Road  
Suite 940  
Scottsdale, AZ 85254

(480)-443-0050

<http://www.melmedcenter.com/>

### SERVICES

**Ages: All**

Medical Care  
Psychology  
Adult Services  
Occupational Therapy  
Educational Advocacy  
Nutritional Therapy  
Animal Assisted Therapy  
Kids College (Group) ABA  
Services  
Coaching

### SPECIALTY

In-home Therapy  
1:1 Parent Training  
Parent Academy  
Kids University

### DETAILS


Up-to-date website  
Accepted insurance listed on website  
Cash pay rates not listed  
Evidence based therapy listed on website  
Telehealth services





# OASIS BEHAVIORAL HEALTH HOSPITAL

## CONTACT

 2190 N Grace Blvd  
Chandler, AZ 85225

(855)-351-8939

<http://www.obhhospital.com/>

## SERVICES

**Ages: Adolescents and Adults**

Inpatient Care

Residential Care

Outpatient Care

## SPECIALTY

Mental Health Disorders

Drug Addiction

Sex trafficking victims

## QUESTION

Up-to-date website

Accepted insurance listed on website

Cash pay rates not listed

Evidence based therapy listed on website

Bilingual services

Telehealth services



# TERROS HEALTH

## CONTACT



12835 N 32<sup>nd</sup> Street  
Phoenix, AZ 85032



1232 E Broadway Rd  
Suite 120  
Tempe, AZ 85282

(602)-685-6000

<https://www.terroshealth.org/>

## SERVICES

Ages: All

Primary Medical Care

Health and Wellness Care

Counseling and Group  
Sessions

Addiction Treatment

Family Services

## SPECIALTY

Mental Health

Counseling

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# THE MEADOWS RANCH

## CONTACT

 5535 N Vulture Mine Rd  
Wickenburg, AZ 85390

(866)-332-7381

<http://www.meadowsranch.com/>

## SERVICES

**Women and Girls Only**

Eating Disorders and  
Trauma

## SPECIALTY

Anorexia

Bulimia

Binge eating disorder

Rumination disorder

OSFED

ARFID

Orthorexia

Dual diagnosis

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Telehealth services



# TOUCHSTONE HEALTH SERVICES

## CONTACT



15820 N 35<sup>th</sup> Ave  
Phoenix, AZ 85053



2150 S Country Club Dr  
Mesa, AZ 85210



12409 W Indian School Rd  
Avondale, AZ 85392

(866)-207-3882

<http://www.touchstonehs.org/>

## SERVICES

**Ages: All**

Pediatric Medicine

Infant & Early Childhood Program

Youth Outpatient Services

Prevention

School-Based Services

Behavior Analytic Services

## SPECIALTY

Family Health Services

## DETAILS

Up-to-date website

Accepts insurance

Cash pay rates not listed

Evidence based therapy listed on website


Bilingual services

Telehealth services



# UNIQUE FAMILY SERVICES

## CONTACT

 4801 S Lakeshore Drive  
Suite 101  
Tempe, AZ 85282

(480)-462-0142

<http://www.uniquefamilyservices.com/>

## SERVICES

**Ages: youth and families**

Behavioral Coaching

Outpatient Program

In-Home ABA Program

Parent Aide Program

Counseling

## SPECIALTY

Family Services

## DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on website

Evidence based therapy listed on website

Bilingual services

Telehealth services



# WELLTREE MIND AND BODY, LLC

## CONTACT



34406 N 27<sup>th</sup> Drive  
Suite 140  
Phoenix AZ 85085

(602)-698-8889

<http://www.welltreemindandbody.com/>

## SERVICES

**Ages: Children and Adolescents**

ADHD

Anxiety

Depression

## SPECIALTY

Depression and anxiety

Trauma and PTSD

ADHD

## DETAILS

Up-to-date website

Accepted insurance listed on website


Cash pay rates listed on website

Evidence based therapy listed on website



# YOUNG MIND CENTER

## CONTACT

 3202 E Mountain View  
Road  
Phoenix, AZ 85028

(602)-237-6653

<http://www.youngmindcenter.org/>

## SERVICES

**Ages: All**

Transdisciplinary Practice:

Behavior Analysis  
Occupational Therapy  
Psychology  
Speech-Language  
Pathology

Clinical Expertise

Community Development

## SPECIALTY

Autism Intervention

## DETAILS

Up-to-date website

Accepted insurance  
listed on website

Cash pay rates listed  
on website

Evidence based  
therapy listed on  
website

Bilingual services



# CORAZON BEHAVIORAL HEALTH SERVICES

## CONTACT



900 E. Florence  
Blvd. Casa Grande,  
AZ 85122

(520)-836-4278

<https://www.chaposcorazon.com>

## SERVICES

**Ages: All**  
Psychiatric Services

Individual,  
Family, and  
Group Counseling  
Services

Substance Abuse

## SPECIALTY

Comprehensive cognitive  
and academic evaluations  
for learning disabilities,  
autism, family court, and  
schools.

Forensic Evaluations

Bonding Assessments

Best Interest Assessments

## DETAILS

Accepts insurance

Cash Pay rates  
available

Evidence based  
therapy listed on  
website.

Bilingual services

Telehealth services





# CRISIS PREPARATION AND RECOVERY

## CONTACT



1828 E Florence  
Blvd Building C  
#143 Casa Grande,  
AZ 85122

480-804-0326

<https://www.crisispreandrecover.com>

## SERVICES

**Ages: 2+**

Depression, Anxiety,  
Grief, and Loss

Individual,  
Family, and  
Group Counseling  
Services

Addiction, Medical Issues,

PTSD

## SPECIALTY

Seriously Mentally Ill (SMI)  
Evaluation is a screening  
for eligibility for the SMI  
program.

The main goal of the SMI  
program is to provide  
psychiatric care and clinical  
support to individuals  
suffering from serious  
mental illnesses.

## DETAILS

Accepts insurance

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# RESILIENT HEALTH

## CONTACT



309 w. 2<sup>ND</sup> St. Casa Grande, AZ 85122

877-779-2470

<https://www.resilienthealthaz.org>

## SERVICES

**Ages: All**

Depression, Anxiety

Individual, Family, and Couple Counseling Services

## SPECIALTY

EDMR

Substance Abuse

Somatic Experiencing

Art Awakenings

Trauma

## DETAILS

Accepts insurance

Evidence based therapy listed on website

Bilingual services

Telehealth services



# DOREEN ELLIS

## CONTACT



210 Sunset Drive,  
Suite E  
Sedona, Arizona  
86336

928-301-1821

<https://www.doreenellis.com>

## SERVICES

**Ages: All**

Depression, Anxiety,  
Eating Disorders

Individual,  
Family, and  
Couple Counseling  
Services

Substance Abuse

Greif and Loss

## SPECIALTY

Trauma Therapy through  
EDMR therapy.

Trained in Trauma Sensitive  
Yoga.

## DETAILS

Accepts insurance

Cash Pay rates  
available

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# TRIBE WELLNESS GROUP

## CONTACT



2655 W State Route  
89A Suite 2 Sedona,  
AZ 86336

928-202-9187

<https://www.tribewellness.com>

## SERVICES

**Ages: All**

Individual, Group,  
and Family  
Counseling Services

## SPECIALTY

Psychiatry

Psychotherapy

Hypnotherapy

Yoga Therapy

## DETAILS

Accepts insurance

Evidence based  
therapy listed on  
website

Telehealth services



# LATIBULE COUNSELING

## CONTACT



281 West 24<sup>th</sup>  
Street, Suite 123  
Yuma, Arizona  
85364

928-247-6430

<https://www.latibulecounseling.com>

## SERVICES

**Ages: All**

Depression, Anxiety

Individual,  
Family, and  
Couple Counseling  
Services

## SPECIALTY

Dialectical behavior therapy  
(DBT)

Eye Movement  
Desensitization and  
Reprocessing (EDMR)

Sound Therapy

## DETAILS

Accepts insurance

Cash Pay rates  
available

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# PATHWAYS OF AZ

## CONTACT



3818 W 16<sup>TH</sup> Street  
Yuma, AZ 85364

928-317-0177

<https://www.pathwaysofaz.com>

## SERVICES

**Ages: All**

Depression, Anxiety

Individual,  
Family, and  
Couple Counseling  
Services

## SPECIALTY

Autism Services and  
Behavioral Intervention  
Program

Substance Abuse

Foster Care

## DEATAILS

Accepts insurance

Cash Pay rates  
available

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# YUMA COUNSELING

## CONTACT



2201 S Avenue A,  
Suite 102, Yuma,  
AZ 85364

928-276-9535

<https://www.yumacounseling.com>

## SERVICES

**Ages: All**

Individual, Group,  
and Family  
Counseling Services

## SPECIALTY

ADHD

Eye Movement  
Desensitization and  
Reprocessing Therapy

Dialectal Behavior Therapy

## DETAILS

Accepts insurance

|| Cash Pay rates  
available

Evidence based  
therapy listed on  
website


Bilingual services  
Bilingual services

Telehealth services



# YUMA MENTAL HEALTH AND WELLNESS

## CONTACT

 3870 W. 24<sup>th</sup> Street,  
Suite #214 Yuma,  
AZ 85364

928-304-3866

<https://www.yumamentalhealth.com>

## SERVICES

**Ages: All**

Individual, Group,  
and Family  
Counseling Services

Panic and Anxiety  
Disorder

## SPECIALTY

ADHD

Depression

Substance Abuse

Eating Disorders

## DETAILS

Cash Pay rates  
available

Evidence based  
therapy listed on  
website

Bilingual services  
Bilingual services


Telehealth services





# SAGE FAMILY COUNSELING

## CONTACT

 2517 N Great  
Western Dr Suite L,  
Prescott, AZ 86314

928-793-2233

<https://www.sagefamilycounseling.com>

## SERVICES

**Ages: All**

Depression, Anxiety

Individual,  
Family, and  
Couple Counseling  
Services

## SPECIALTY

Couples Therapy

Premarital Counseling

Intensive Conflict  
Resolution

## DETAILS

Evidence based  
therapy listed on  
website

Telehealth services



# **SOUTHWEST BEHAVIORAL AND HEALTH SERVICES**



## CONTACT



7600 E Florentine  
Road, Suite 101  
Prescott Valley, AZ  
86317

928-772-1610

<https://www.sbhservices.org>

## SERVICES

**Ages: All**

Depression, Anxiety

Individual, Group,  
and Family  
Counseling Services

## SPECIALTY

Medication Services

Case Management

## DETAILS

Accepts insurance

Evidence based  
therapy listed on  
website

Bilingual services

Telehealth services



# SPECTRUM HEALTHCARE

## CONTACT



3633 Crossing Dr  
Prescott, AZ 86305

877-634-7333

<https://www.spectrumhealthcare-group.com>

## SERVICES

**Ages: All**

Primary Care,  
Depression, Anxiety

Individual, Group,  
and Family  
Counseling Services

## SPECIALTY

Mobile Crisis

Behavioral Health

Psychiatry

## DETAILS

Accepts insurance

Evidence based  
therapy listed on  
website

Telehealth services



# VIEWPOINT DUAL RECOVERY CENTER

## CONTACT



702 W Hillside Ave.  
Prescott, AZ 86301

928-778-5907

<https://www.viewpointdualrecovery.com>

## SERVICES

**Ages: All**

Depression,  
Anxiety, Bipolar,  
Addiction  
Services

Individual, Group,  
and Family  
Counseling Services

Schizophrenia, PTSD

## SPECIALTY

Partial Hospitalization  
Program

Intensive Outpatient  
Program

Outpatient Program

Yoga

## DETAILS

Accepts insurance

Evidence based  
therapy listed on  
website

Telehealth services



# POLARA HEALTH

## CONTACT



8655 E. Eastridge  
Drive Prescott  
Valley, AZ 86314

928-445-6211

<https://www.polarhealth.com>

## SERVICES

**Ages: All**

Individual, Group,  
and Family  
Counseling Services

## SPECIALTY

Cognitive Function  
Development Therapy

In-home services

## DETAILS

Accepts insurance

Cash Pay rates  
available

Evidence based  
therapy listed on  
website

Bilingual services  
Bilingual services

Telehealth services

