



**Phoenix
Children's**

EKG – Heart Center



An EKG is a test that measures how your heart is beating by putting stickers on your chest and belly. Your EKG will be done in the Heart Center on the 2nd floor at Phoenix Children's Hospital.



A medical assistant will bring you to a room with a tall, soft table for your EKG test. During the test, you will lay on your back on the table.



The medical assistant will put 10 EKG stickers on your chest and belly.



Next, they will connect a wire to each sticker with a clip. The wires plug into a computer on wheels that measures how your heart is beating.



Your EKG will take a couple minutes. Your job is to lay still during the test. Most kids like to hold their grownup's hand or watch something on their grownup's phone during their EKG test.



What will you choose to do during your EKG?

The computer prints out a paper showing the beats of your heart, and then you are done! It is time for the medical assistant to take the clips off the stickers. The medical assistant can take the stickers off your body, or you or your grownup can do it. Taking off the stickers feels like taking off a small bandaid.



Who will you want to take the stickers off your body?

Your EKG is all done. Way to go!



Proudly Sponsored by

