



Rosenberg Surgery Center

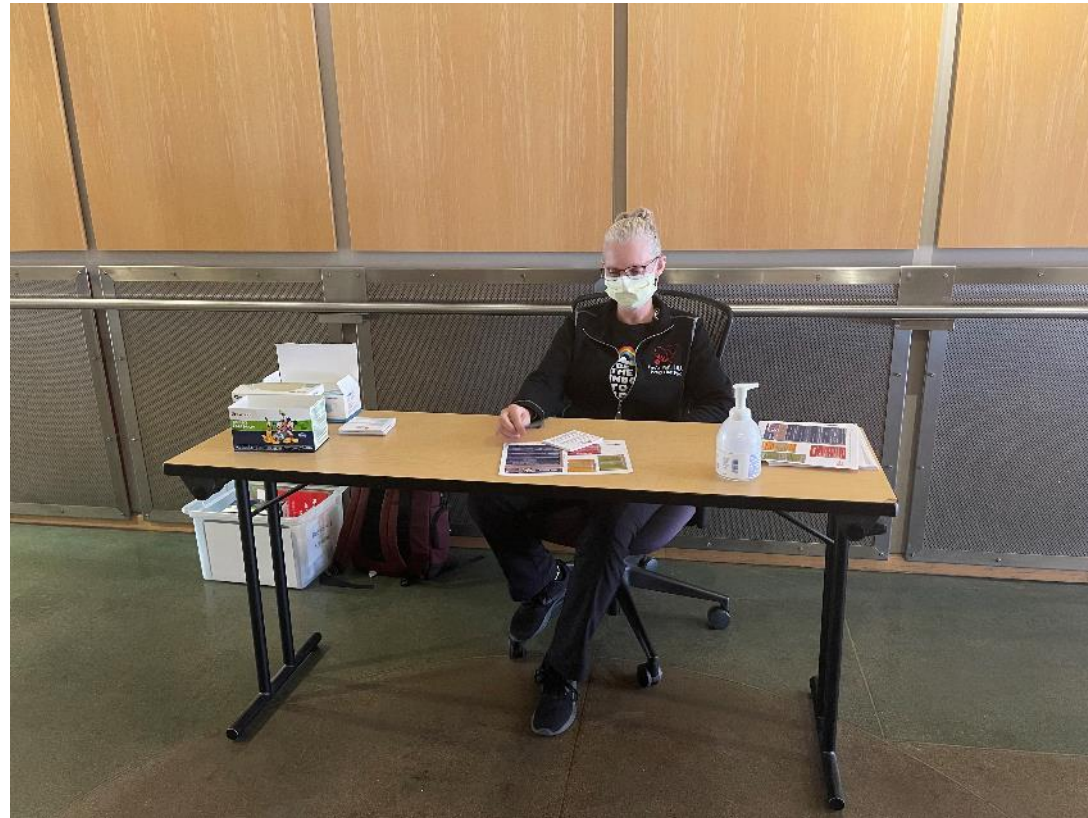
You have an appointment at Phoenix Children's Hospital. Your appointment will be at the surgery center in the Rosenberg Building.



It is important not to eat or drink anything before you come to the hospital for surgery.
Do you know why? Because anesthesia – sleep medicine – works best when your stomach is empty.



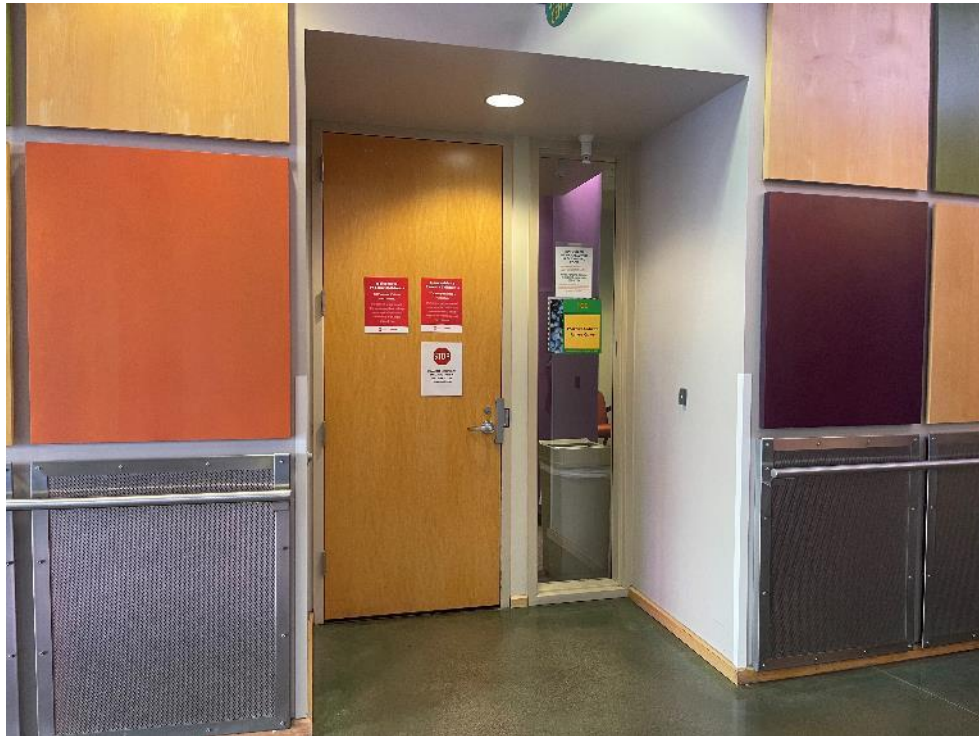
When you walk in the Rosenberg building there is a small check in desk where the friendly staff will ask questions about who you are and what kind of appointment you have.



The Rosenberg building is three stories tall. The surgery center is located on the first floor.



When you enter the waiting room you will see tablets on the wall. Your grownup will put in your information to let staff know you are here. Now you can sit and wait for your name to be called.



When you are called to the check in desk, the staff will ask you and your grownup some more questions and put a bracelet on your wrist. This bracelet has important information on it – like your name and birthday. You will wear it until your appointment is done.



Find a comfy spot to sit! You can choose to watch a movie, play with something you brought from home, or chat with your grownup while you wait for the clinic staff to call your name.



A medical assistant will call your name when it is your turn. They will bring you to an area called “pre-op” to check your vitals. First, they will see how tall you are and how much you weigh.



Next, they will bring you to a small area with two chairs – one for you and one for your grownup. Here the medical assistant will check the temperature of your body using a tool called a thermometer. It works by lightly touching your forehead.



They will also check your blood pressure. This test measures how your heart is working. The medical assistant will place a soft band around your arm and press a button to turn on the machine. The band will give your arm a tight squeeze. Your job is to relax your body and hold very still.



The last step in checking your vitals is to see how much oxygen you have in your body. The machine they use is called a pulse oximeter. The medical assistant will put a brown bandaid-like sticker around your finger. You will know it is working when the sticker's red-light shines.



Now it is time to put on your hospital clothes! Your nurse will give you colorful pajamas with a shirt that opens in the back. They will close the curtain around your area for privacy. Once your pajamas are on, you will meet the doctors and nurses who will take care of you.



Your surgeon is the doctor that will check or help your body during surgery. They will come talk to you and your grownup about the plan.



Another doctor you will meet is an anesthesiologist. The anesthesiologist gives you the sleeping medicine for surgery. This is a different kind of sleep than what you do at home.



You will also meet your surgery room nurse. This is the nurse that will be with you during your surgery. Their job is to make sure you are comfortable and answer any questions you have before you fall asleep.



After you meet all your doctors and nurses, it will be time to walk back to the surgery room. The surgery room is where you will have sleep medicine and surgery. You will say, "See you later!" to your grownup at the door decorated with puppy pictures.



The surgery room is a big room with bright lights. Everyone in this room wears clothes from the hospital because it is very, very clean. You will see people wearing blue clothes, hats on their heads, and masks on their faces.



Can you spot the elephant?

There are a lot of things in this room, but not all of them are for you. Some supplies and machines just have to stay in this super clean space.



Once you walk into the surgery room, a nurse will help you get up onto the bed. You will notice two big lights above you when you lay down. They will turn these bright lights on after you are sleeping.



Your nurse will give you a warm blanket and put the soft blood pressure band and pulse oximeter sticker back on your body.



Your nurse may put some stickers, called “leads”, on your body, too. These stickers tell the doctors how your heart is doing. They help your doctors and nurses take good care of you while you are sleeping.



Now it is time for the sleeping medicine called anesthesia. This is a special kind of sleep where you do not feel, hear, or see anything during your surgery. Your body stays completely still. There are two different ways that kids get anesthesia to fall asleep. Your anesthesiologist will know which way is best for your body.



Some kids will fall asleep with air that goes into a mask. Your job is to take big deep breaths.

Other kids fall asleep with medicine through an IV. An IV is a small straw that can give your body medicine or water in your vein. Veins look like blue lines on your skin and carry your blood throughout your entire body.



When your surgery is finished, you will wake up in an area that looks like this. The nurse will get your gown up to be with you. You will wake up with an IV – remember, it is a small straw that gives your body medicine or water.



The nurse will ask if you would like a drink. You can choose water, Gatorade, or sprite.
They might ask if you want an orange or purple popsicle, too!



What do you think you will choose when you wake up?

When it's time for you to leave, your nurse will slide your IV straw out and put on a bandaid. Then your grownup can help you change back into your own clothes.



You did it – it's time to go home!