



ENT – Flexible Scope



The ear, nose, and throat clinic (ENT) is on the second floor in the Rosenberg building at Phoenix Children's. Your doctor is planning to do a flexible scope at your appointment.



Kids have scopes done for many reasons, but the main reason is to check if their nose and throat are healthy. A scope is a little tube with a tiny light and camera on the end that lets a doctor see inside your nose and throat.



When it is time for your scope, the medical assistant will bring you and your grownup to room 9. Room 9 has all the things the doctor needs to look inside your nose and throat.



There is a big chair for you to sit in. The chair can also lay back so the doctor can see in your nose better. Your grownup can stand next to you the whole time, or you can choose to sit on your grownup's lap.



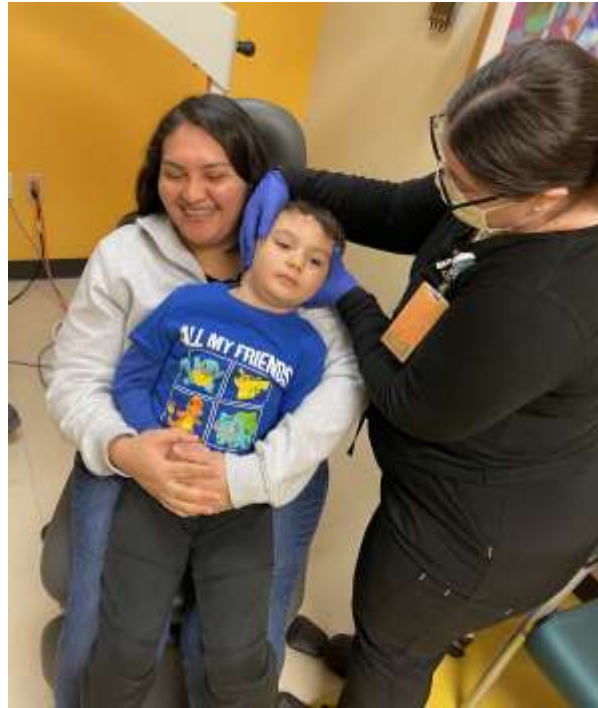
Will you choose to sit by yourself or on your grownup's lap?

The scope tube is soft and flexible like a noodle. It is plugged in to a tall machine with a computer screen so the doctor can see a video of what the tiny camera shows. The doctor will gently slide the tube up one side of your nose to look inside your nose and throat.

Only this skinny part of the scope goes inside your nose.



Your job is to take deep breaths through your mouth and hold still. Someone can help your head hold still if you need it. Some kids like to bring something from home to hug or squeeze - like a stuffed animal or a stress ball.



Will you bring something from home to hold during your scope?

A scope can be really fast – just a minute or two! After the doctor sees the inside of your nose and throat, they will gently slide the tube out.



You did it!