



CT Scan

This is a book about getting a CT scan, which takes pictures of the inside of your body.
You will go to Phoenix Children's for your CT scan.



When you come inside the building, someone at the check-in desk will ask your grownup questions and show you how to get to the Radiology area.



When you get to Radiology, your family will use a tablet to check you in and tell the staff that you are here. You can bring a toy from home to play with while you wait.

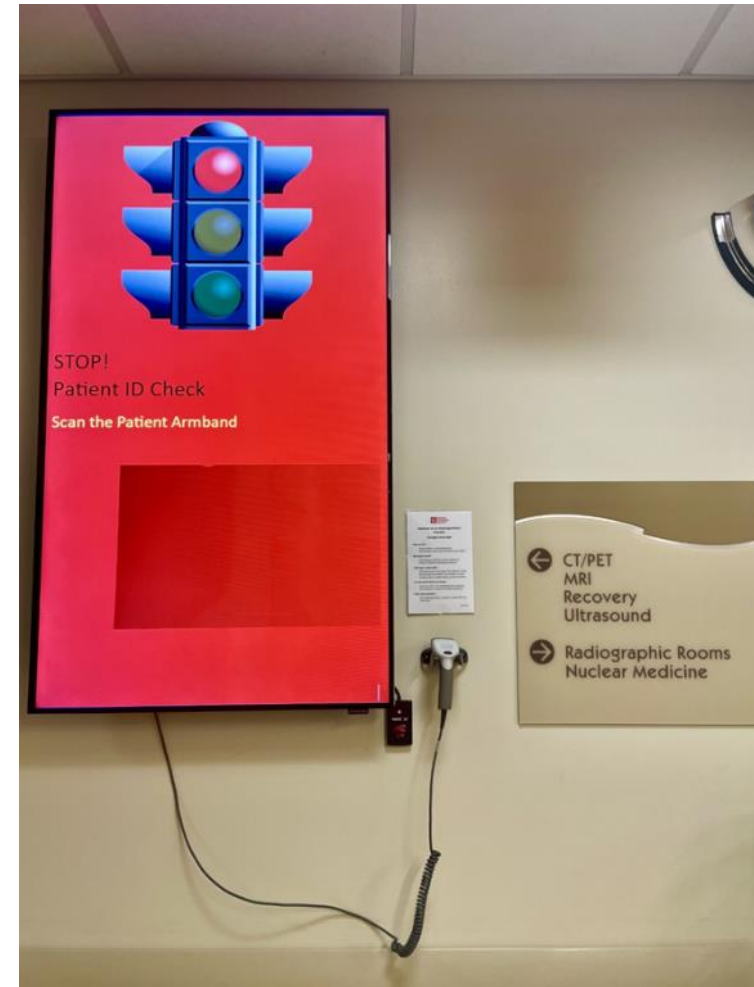


The first time your name is called, you and your grownup will go to the check-in desk and get a bracelet with your name and birthday on it. Then you can go back to your spot to wait for your name to be called again.



When they are ready to do your CT scan, staff will call your name again and bring you to a stoplight screen to check your bracelet.

When the stoplight turns green, follow the leader to the next place!



It is important for us to know how tall you are, how much you weigh, and the temperature of your body before we do your CT scan.



You might get to wear hospital clothes for your CT pictures. We will give you colorful pajamas with a shirt that opens in the back.



Some kids need picture water, called contrast, for their CT scan. If your doctor says we need to put picture water in your body for your CT, a nurse will bring you to the treatment room to put an IV in your hand or arm. An IV is a small, flexible straw that goes into one of your veins – the blue lines that carry your blood all around your body.



This is the CT camera. Some kids say it looks like a big donut! You can ask the CT Tech if your grownup can stay with you during your pictures.



We will help you get comfortable laying on the bed and put a seatbelt around you. Then, we will slide the bed into the camera. If we need you to lay a certain way or put your hands above your head, we will tell you.



Next, we will make sure your body is in just the right place for the pictures by turning on some red lights to measure how tall you are.



And then it's time for your practice picture! When you hear the doorbell sound, your job is to hold still.



If you need contrast (picture water) for your CT and got an IV (little straw) put in your hand or arm, the nurse will connect a curly plastic tube to the end of your straw. Some kids say contrast makes their body feel warm, like they just drank hot chocolate. That feeling will go away after a few minutes.



The last picture is the most important picture. When you hear the doorbell sound, your job is to stay super still – like you're a statue!



You did it! If you had an IV for picture water, we will slide the straw out and put a band-aid on your hand or arm before you leave. Way to go!

