



Upper GI (UGI)

This is a book about getting an Upper GI (UGI) test, which takes pictures of the inside of your body while you drink. You will go to Phoenix Children's for your UGI.



When you come inside the building, someone at the check-in desk will ask your grownup questions and show you how to get to the Radiology area.



When you get to Radiology, your grownup will use a tablet to check you in and tell the staff that you are here. You can bring a toy from home to play with while you wait.



The first time your name is called, you and your grownup will go to the check-in desk and get a bracelet with your name and birthday on it. Then you will go back to your spot to wait for your name to be called again.

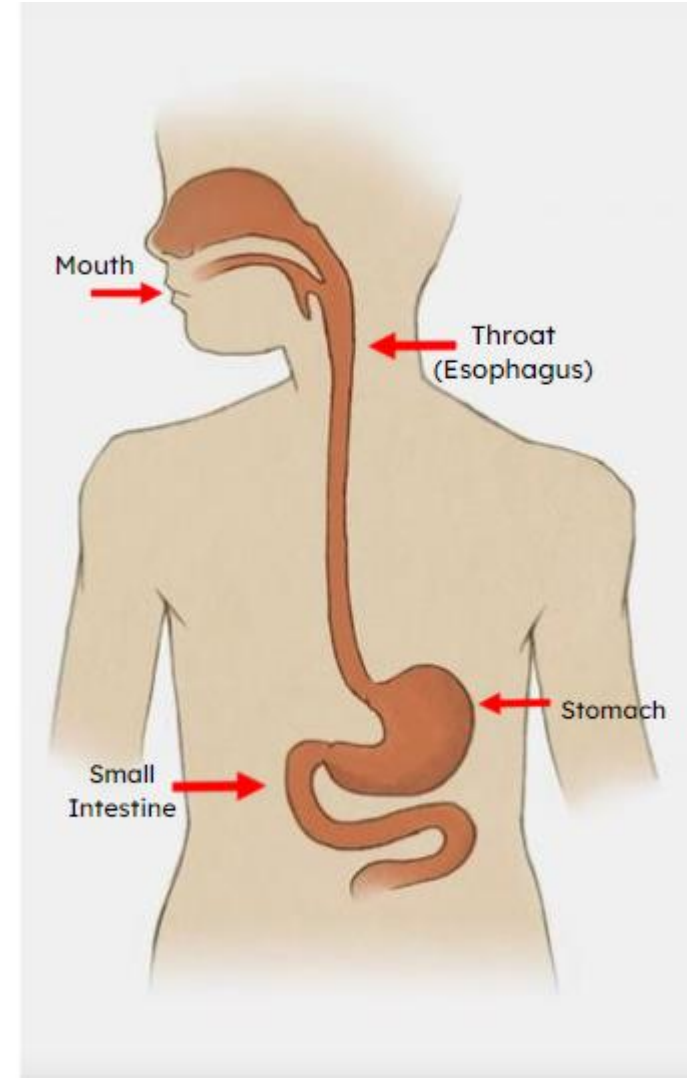


When they are ready to do your UGI pictures, staff will call your name again and bring you to a stoplight screen to check your bracelet.

When the stoplight turns green, follow the leader to the next place!



This is the room where the doctor will take x-ray pictures for your UGI. These pictures will tell us how food and drink go from your mouth, down your throat, and all the way to the bottom of your stomach.



Your x-ray tech will bring you a colorful shirt that opens in the back for you to wear during your pictures. Their job is to answer your questions about your UGI and help the doctor take your pictures.



You will lay on a bed by the camera. You can ask the x-ray tech if your grownup can stay with you during your pictures. If your grownup stays with you, they will wear a special outfit, too.



Next, you will meet a doctor called a Radiologist. Their job is to use the x-ray camera to take pictures while you drink.



The radiologist will move the x-ray camera over your body to take pictures of the inside of your body while you drink. The camera will get close to you, but it will not touch you. Some kids say this camera reminds them of a tent or fort. What do you think?



How do you think the radiologist will be able to see what is happening inside of your body in the pictures? You will drink a special liquid called barium that is kind of like a milkshake. It is white when you drink it, but it looks black in your x-ray pictures. You can ask your x-ray tech if you can pick a flavor for your barium. Some kids drink barium out of a cup with a straw. Other kids use a sippy cup or a bottle. You can even bring your own cup from home!



Your job is to drink sips of barium when the radiologist says it's time. While you are laying down under the camera, you will turn your head to the side to drink each time.



Some kids like to look at their pictures on the screen and watch the barium move from their mouth to the bottom of their stomach. Other kids like to watch a show or play on a tablet, listen to music, or squeeze a ball.



What do you think you would like to do while the radiologist takes your pictures?

The doctor may ask you to roll from side to side while they take your pictures. They might also ask you what your favorite foods are. Thinking about your favorite foods can help the barium milkshake move to the bottom of your stomach even faster!



When the doctor says that they have seen the barium milkshake move from your mouth all the way to the bottom of your stomach, you are all done with your UGI! You can change back into your clothes and get ready to leave.



You did it!

