



MRI

This is a book about getting an MRI, which takes 3D pictures of the inside of your body.
You will go to Phoenix Children's for your MRI.



When you come inside the building, someone at the check-in desk will ask your grownup questions and show you how to get to the Radiology area.



When you get to Radiology, your grownup will use a tablet to check you in and tell the staff that you are here. You can bring a toy from home to play with while you wait.

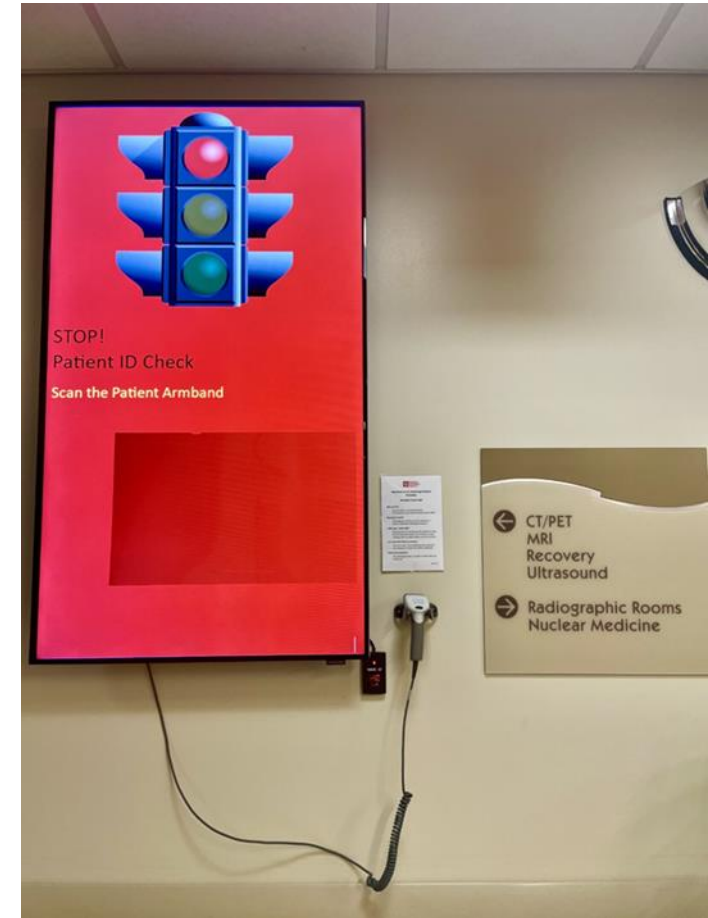


The first time your name is called, you and your grownup will go to the check-in desk and get a bracelet with your name and birthday on it. Then you will go back to your spot to wait for your name to be called again.



When they are ready to do your MRI, staff will call your name again and bring you to a stoplight screen to check your bracelet.

When the stoplight turns green, follow the leader to the next place!



The staff will ask you to stand up straight to check your height. Then you will stand on a scale to see how much you weigh. They will also measure your temperature using a thermometer that lightly swipes across your forehead.



Some kids need picture water, called contrast, for their MRI. If you need picture water in your body for your MRI, a nurse will bring you to the treatment room to put an IV in your hand or arm. An IV is a small, flexible straw that goes into one of your veins – the blue lines that carry your blood all around your body.



Next, you will walk down a long hallway to the area in radiology where the MRI cameras are.



You and your grownup will wait for your turn to take MRI pictures in a room that looks like this. Your MRI tech, the person who will take your pictures, will bring you hospital pajamas with a shirt that opens in the back for you to wear during your MRI. Some kids might already have put on their hospital pajamas when they got an IV for picture water. If you have any questions about your MRI, you can ask your MRI tech.



The MRI uses magnets to take your pictures, so it is important to take off anything metal before you go into the room with the camera. If you usually wear earrings, a necklace, or other jewelry, you can either leave it at home or take it off when you put on your hospital pajamas.



If you'd like, you can ask the MRI tech if your grownup can stay with you during your pictures. If your grownup is going to come with you, they will need to put their phone, watch, or other metal things in a safe place, too. The MRI tech will show them where to put their stuff.



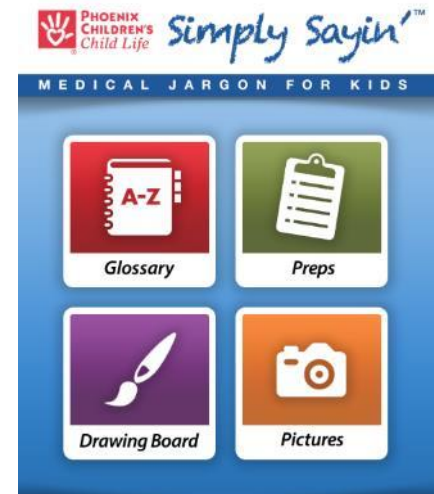
This is an MRI camera. Some kids say it looks like a big donut! The bed slides into the tunnel to take your pictures. The camera does not touch you.



Depending on what part of your body we are taking pictures of, your bed might slide into the camera with your head first or your feet first. Your MRI tech will know which way is best for you to lay on the bed. After you lay down, we will help you get comfortable and put a seatbelt around you.



We will also give you headphones. The MRI makes loud noises when it takes your pictures. The headphones cover your ears so you don't hear those noises as much.



Some kids like to hear what the MRI sounds like before it's their turn. If you would like to hear the sounds of the MRI, your grownup can download Phoenix Children's Simply Sayin' app and pick 'MRI' under 'preps.'

Some kids get to listen to music through the headphones during their MRI. You can ask your MRI tech if you will be able to listen to music for your pictures.



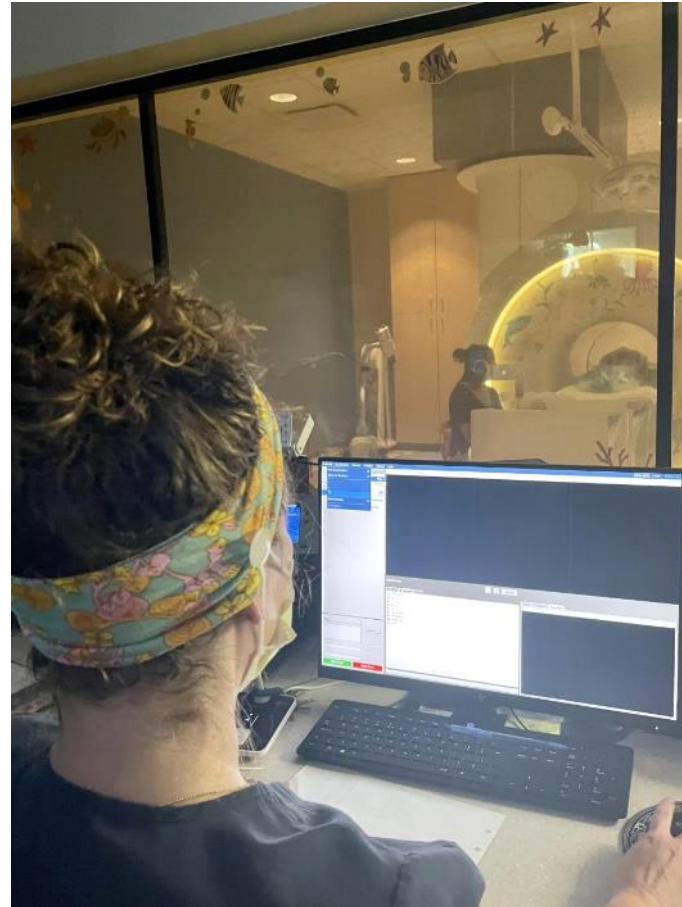
What kind of music will you choose?



Depending on what part of your body we are taking pictures of, you might get to wear something called a head coil or chest coil for your pictures. Some kids say the head coil is like a football helmet, and the chest coil is like a turtle shell. The coil helps the camera focus and makes your pictures look very clear.



Once you are laying in the right position with your seatbelt, headphones, and maybe a coil on, the MRI tech will slide the bed into the camera to take your pictures. Your job is to lay very still so your pictures are clear. If you move, they will be blurry! Your MRI tech will be sitting behind the window the whole time and can hear you and see you if you need anything.



If you need contrast (picture water) for your MRI and got an IV (small straw) put in your hand or arm, the MRI tech will tell you when it's time to put the picture water in your body. They will connect it to your IV straw with a tube. Most kids do not notice when the picture water goes in their vein, but some kids say their arm feels a little cold for a few seconds.



After the MRI tech takes all of your pictures, you will be done! If you had an IV for picture water, they will slide the straw out and put a band-aid on your hand or arm before you leave. They will bring you to a changing room where you can put your clothes (and jewelry) back on.



Hooray – you did it!