



Nuclear Medicine Scan

This is a book about getting a nuclear medicine scan, which takes pictures of the inside of your body. You will go to Phoenix Children's for your nuclear medicine scan.



For some nuclear medicine scans, it is important not to eat or drink anything before you come to the hospital. This is because your stomach needs to be totally empty for some scans. Staff will tell your grownup if you need to have an empty stomach for your scan.



When you come inside the building, someone at the check-in desk will ask your grownup questions and show you how to get to the Radiology area.



When you get to Radiology, your grownup will use a tablet to check you in and tell the staff that you are here. You can bring a toy from home to play with while you wait.

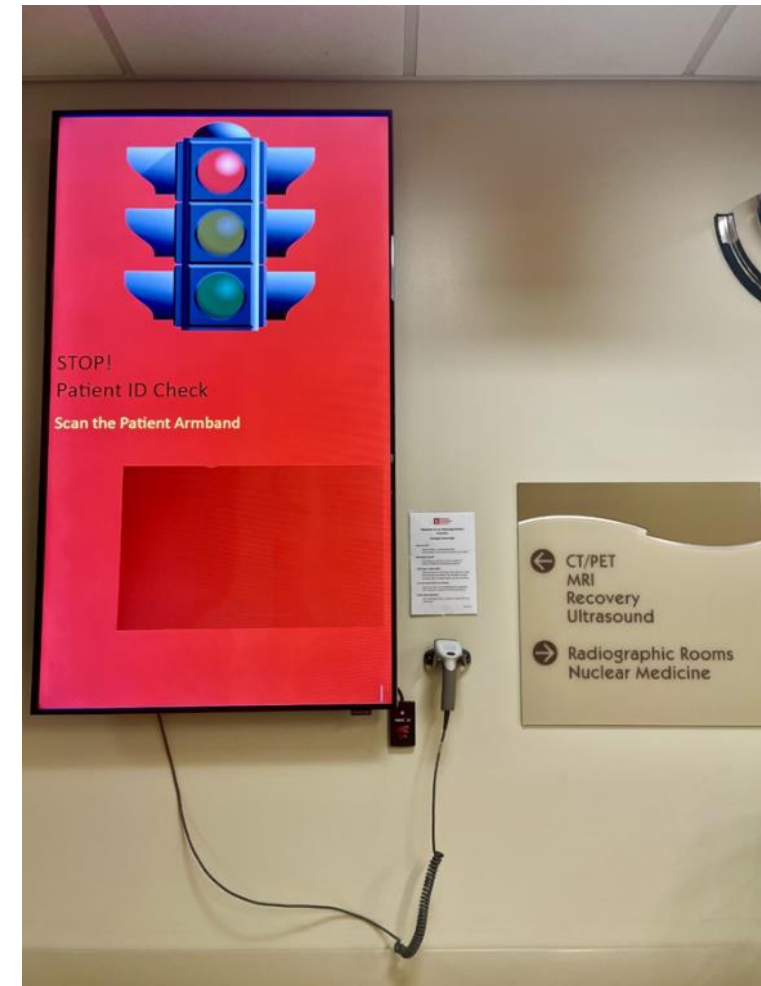


The first time your name is called, you and your grownup will go to the check-in desk and get a bracelet with your name and birthday on it. Then you will go back to your spot to wait for your name to be called again.



When they are ready to do your nuclear medicine scan, staff will call your name again and bring you to a stoplight screen to check your bracelet.

When the stoplight turns green, follow the leader to the next place!



We might need to know how tall you are, how much you weigh, and the temperature of your body before we do your nuclear medicine scan.



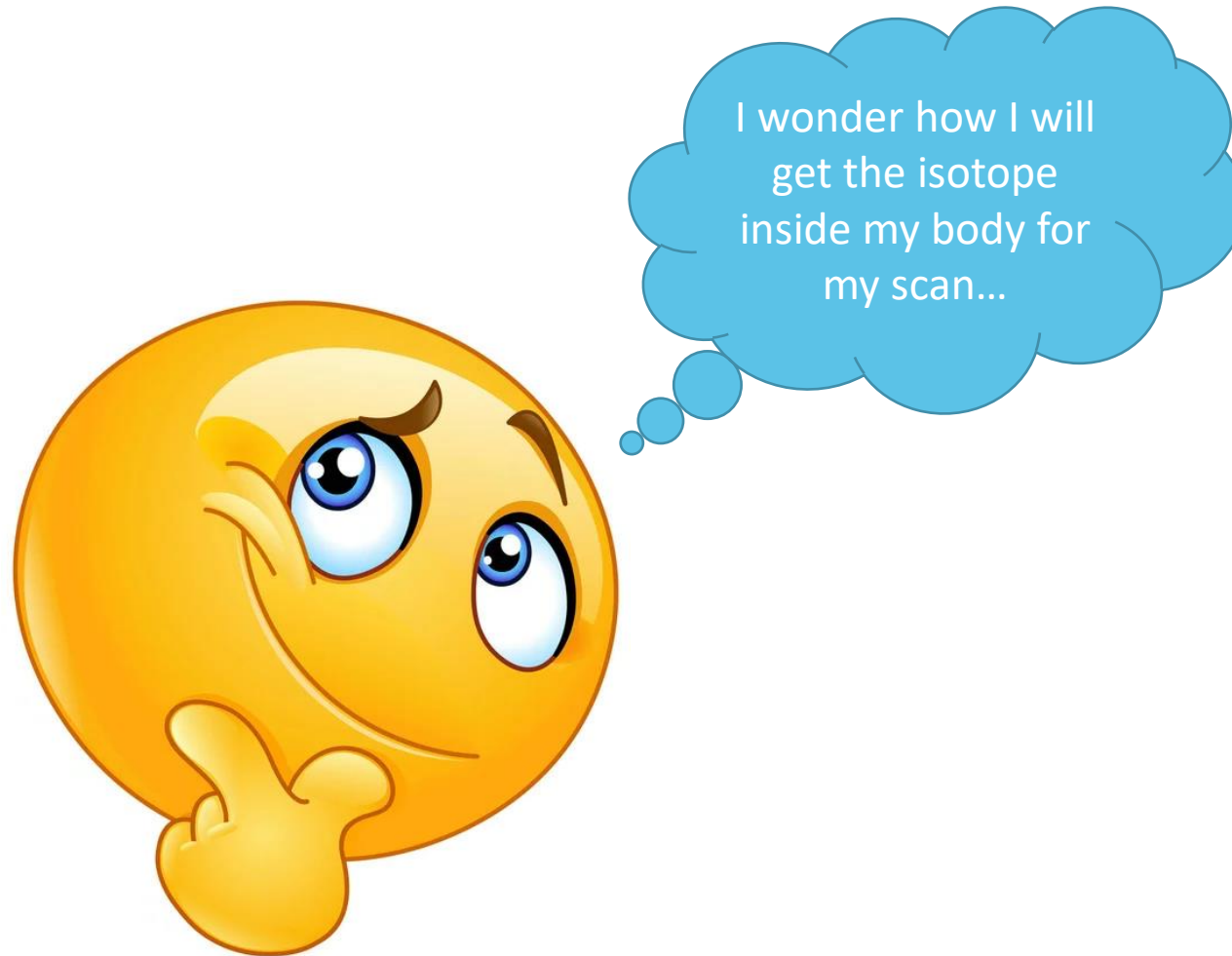
Most kids can wear their own clothes for their nuclear medicine scan. It is best if you wear comfortable clothes that do not have glitter or metal (no zippers or buttons).



This is the nuclear medicine camera. This camera takes pictures of the inside of your body and shows the doctor how different parts of your body are working.



To help show how your body is working, it needs something called an isotope inside it for the camera to see. There are many ways to put the isotope inside your body. You might drink it, eat it, or get it through a poke or IV (a small plastic straw that goes into one of your veins). Your nuclear medicine tech will know which way is best for your pictures.



Your nuclear medicine tech will tell you and your grownup about your scan. They will tell you what your jobs are and how long your pictures will take. When it is time for your pictures, they will help you get comfortable on the bed and put a velcro seatbelt around you to keep you safe and remind you to hold still.



The nuclear medicine tech will raise the bed up high and slide it closer to the camera.



The nuclear medicine camera moves around your body in different ways to take your pictures. It may get very close to you, but it will never touch you. Your job is to lay still. Your grownup can be with you the whole time.



Depending on what part of your body they are taking pictures of, you might be able to watch a movie, listen to music, or squeeze a stress ball. You can ask your nuclear medicine tech what you can do for fun during your pictures.



Your nuclear medicine tech will tell you when your pictures are all done. They will lower the bed and help you get down. Way to go!

