



Phoenix Children's presents

The 9th Annual Childhood Obesity Symposium

Friday, April 14, 2023

9:00 a.m. - 3:30 p.m.

Phoenix Children's Conference Center

2632 N 20th St, Phoenix, AZ 85006

The 9th Childhood Obesity Symposium presented by the CARE Program at Phoenix Children's will be held April 14, 2023 at the Phoenix Children's Conference Center.

The symposium offers physicians, researchers, and educators an opportunity to learn from experts in pediatric obesity and obesity-associated conditions. The goal is to bring stakeholders together and encourage collaboration, generate new ideas, and enhance their knowledge base to improve the health and lives of children and families affected by obesity and at high risk of developing chronic diseases, such as type 2 diabetes, cardiovascular disease, and fatty liver to name a few.

The presentations will focus on the following topics:

- Motivational Interviewing
- Polycystic Ovary Syndrome and Fatty Liver Disease
- Obesity as a Population Health Disorder
- Food insecurity
- Avoiding Obesity Stigma

Register Today!



(CME Awaiting Approval)

General Admission: \$30

Phoenix Children's Employees: FREE

Residents/ Students: FREE

This event is for healthcare professionals in:	
Pediatrics	Endocrinology
Gastroenterology	Pulmonary
Nephrology	Cardiology
Psychology	Nutrition/ Dietetics
Diabetes Educators	Research

Speakers

- Natalie Lutz, RN MS APRN-PC
- Melissa Chambers, DO
- Soofia Khan, MD
- Kristen E. Samaddar, MD
- Sandra Chmelnik, MPH, RDN, CDCES
- Bryce Sherman
- Roy Jedeikin MD FACC MBA
- Mark F. Carroll, MD
- Synthia Puffenberger, PhD
- Vesna Babanovska, MS, RDN, CDCES – CARE Pediatric Registered Dietitian at Phoenix Children's and Certified Diabetes Care and Education Specialist
- Maria Silva, MHA, RDN, CDCES – CARE program manager and Pediatric Registered Dietitian at Phoenix Children's

2023 Agenda

8:30	Registration
9:00AM - 9:15AM	Welcome/Introductions
9:15 - 10:15 AM	Session 1 Treating Obesity as a Disease vs. Avoiding Obesity Stigma: Striking a Difficult Balance
9:15-9:40	Natalie Lutz, RN MS APRN-PC
9:40-10:05	Maria Silva, MHA, RDN, CDCES
10:05-10:15	Panel
10:15 - 11:15 AM	Session 2 Comorbidities of obesity: PCOS & Fatty Liver
10:15-10:40	Melissa Chambers, DO
10:40-11:05	Soofia Khan, MD
11:05-11:15	Panel
11:15 - 11:30 AM	Break
11:30 - 12:30 PM	Session 3 Food insecurity
11:30-11:55	Kristen E. Samaddar, MD
11:55-12:20	Sandra Chmelnik, MPH, RDN, CDCES
12:20-12:30	Panel
12:30 - 1:15 PM	Lunch/Network/Visit Sponsors
1:15 - 2:15 PM	Session 4 Insurance and CIN Perspectives on Obesity as a Population Health Disorder
	Bryce Sherman
	Roy Jedeikin MD FACC MBA
	Mark F. Carroll, MD
2:15 - 2:25 PM	Panel
2:25 - 3:25 PM	Session 5
2:25-2:50	Motivational interviewing
2:50-3:15	Synthia Puffenberger, PhD
	Vesna Babanovska, MS, RDN, CDCES
3:15-3:25	Panel
3:25 - 3:30 PM	Closing & Adjourn

Please join us for a Celebration immediately following the Symposium at the Rob and Melanie Walton Urban Farm. Light refreshments will be provided.

Contact: endonutrition@phoenixchildrens.com or [602-933-0677](tel:602-933-0677)

Phoenix Children's

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