

**Mayo Clinic and Phoenix Children's  
IBD Collaborative Care Team Bootcamp**

**Mayo Clinic Franke Education Center, Phoenix, Arizona**  
**February 21-22, 2026**

*All Presentations in Mountain Standard Time*

**Saturday, February 21, 2026**

7:00 AM	Registration, Breakfast & Exhibits
7:50 AM	Welcome and Announcements Brad A. Pasternak, M.D. and Talha A. Malik, M.D.
8:00 AM	Pathogenesis of IBD: Current Thoughts William Faubion, M.D.
8:20 AM	Epidemiology & Disease Burden in Adult IBD Talha A. Malik, M.D.
8:40 AM	Pediatric IBD Epi Elizabeth K. Hilow, M.D.
9:00 AM	Interactive Q&A Session Faculty
9:20 AM	Initial Diagnosis: Clues to Adolescent / Adult IBD Manreet Kaur, M.B.B.S., M.D.
9:40 AM	Initial Diagnosis Pediatric IBD / VEO-IBD Brad A. Pasternak, M.D. and Talha A. Malik, M.D.
10:00 AM	Monitoring of Disease Activity Ashish S. Patel, M.D.
10:20 AM	Panel Q&A Session Faculty
10:40 AM	Break & Exhibits
11:00 AM	Medical Therapy for IBD in Adults: Selection and Positioning of Agents Sid Singh, M.B.B.S.
11:20 AM	Medical Treatment and Challenges in Kids, Adolescents and Young Adults (AYA) Michelle M. Gonzalez, M.D.
11:40 AM	Role of Diet/Nutrition as Therapy Paula M. Tizzard, M.D.
12:00 PM	Panel Q&A Session Faculty
12:20 PM	Lunch & Exhibits
1:20 PM	Role of Endoscopy in IBD including Surveillance Shabana Pasha, M.D.
1:40 PM	Surgical Management Strategies: When & How They Differ Across Ages Lisa E. McMahon, M.D.

2:00 PM	Approach to the Refractory IBD Patient Jonathan A. Leighton, M.D.
2:20 PM	Panel Q&A Session Faculty
2:40 PM	Break & Exhibits
3:00 PM	Emerging Diagnostic Tests in IBD Anna L. Silverman, M.D.
3:20 PM	Evolving Advanced Therapies and Personalized Medicine in IBD Gui P. Ramos, M.D.
3:40 PM	Bridging Pediatric to Adult Therapeutics: Safety, Dosing, and Coverage Paula M. Tizzard, M.D.
4:00 PM	Panel Q&A Session Faculty
4:20 PM	Adjourn

**Sunday, February 22, 2026**

	<b>FAMILIES, CAREGIVERS, PHYSICIANS AND ALLIED HEALTH</b>
7:00 AM	Registration, Breakfast & Exhibits
7:50 AM	Welcome and Announcements Brad A. Pasternak, M.D. and Talha A. Malik, M.D.
8:00 AM	Understanding IBD: What It Is and Isn't (For All Ages) Brad A. Pasternak, M.D. and Talha A. Malik, M.D.
8:20 AM	Navigating Pediatric & Adult IBD Care Systems Nicole Schuren, M.S.W., L.M.S.W.
8:40 AM	The Transition Journey: What to Expect and How to Prepare Jenna S. Rudo-Stern, Ph.D.
9:00 AM	Panel Q&A with Providers and Families
9:20 AM	Living Beyond IBD: Diet, School, College & Work Jessica R. Lincoln, RDN, Megan M. Filer, RDN and Elizabeth Langerek
9:40 AM	Health Maintenance Across the Lifespan Bridget A. Howard, APRN, M.S.N., R.N.
10:00 AM	Mental Health, Relationships & IBD Brian J. Arizmendi, Ph.D., L.P., ABPP
10:20 AM	Panel Q&A Session Faculty
10:40 AM	Break & Exhibits
11:00 AM	How Our IBD Teams Work Together Anne Rabasca and Stephanie Hill, R.N.
11:20 AM	When It's Time to Transition: A Family Guide Elizabeth K. Hilow, M.D.

11:40 AM	IBD Medical Therapies and Navigating Approvals Marina I. Ivanov, Pharm.D., BCACP, R.Ph.
12:00 PM	Voices of Experience: Teens and Young Adults Share Their Stories Braiden C. Fairbanks, P.A.-C.
12:30 PM	Panel Q&A Session Faculty
12:50 PM	Adjourn