

Phoenix Children's Colorectal Program

Bowel Management Journey

Process for bowel conditions: Ideally diagnosis is confirmed early but a child may join at different phases of our journey.

Pregnancy Phase

- Concerned raised at the time of fetal ultrasound. Evaluation would include a thorough history and imagining
- Diagnosis is confirmed
- A care plan is established



Infancy Phase

- Thorough examination additional testing
- Infancy goal is to avoid constipation, with medications and diet



Pre-school Phase

- Determining which path your child is on for social continence to align with their peers in pre-school and kindergarten
- Effective communication between the patient, family and providers to develop a personalized path



Toddler Phase

- During the potty-training phase, we work closely to give you tips on toileting and work diligently to avoid constipation



Conditions We Treat for Bowel Management:

- Anorectal malformation
- Cloacal malformations
- Hirschsprung's disease
- Neurogenic bowel



Phoenix Children's

For information on the Colorectal Program:
Call us at 602-933-0016, or visit
phoenixchildrens.org/colorectal



PATH 1

- Able to have bowel movements in the toilet without soiling



PATH 2

- Able to have bowel movements in the toilet without soiling but need constipation treatment with laxatives
- Additional testing to look at colon transit time, function and/or structure
- Close follow-up based on child's goals, which could be daily, weekly or monthly X-rays and visits



PATH 3

- Unable to be clean with toileting
- Discuss options for anal enemas or antegrade enemas, education and teaching are a big part, family decides
- Additional testing to look at colon transit time, function and/or structure
- Close follow-up based on your goals, which could be daily, weekly or monthly X-rays and visits



Maintenance Phase

- Regular visits every 6 - 12 months and as needed for any changes



We also work closely with our Motility Program.