

# Phoenix Children's Colorectal Program

## Bowel Management Journey

Process for bowel conditions: Ideally diagnosis is confirmed early but a child may join at different phases of our journey.

### Pregnancy Phase

- Concerned raised at the time of fetal ultrasound. Evaluation would include a thorough history and imaging
- Diagnosis is confirmed
- A care plan is established



### Toddler Phase

- During the potty-training phase, we work closely to give you tips on toileting and work diligently to avoid constipation

### Conditions We Treat for Bowel Management:

- Anorectal malformation
- Cloacal malformations
- Hirschsprung's disease
- Neurogenic bowel



**Phoenix  
Children's**

For information on the Colorectal Program:  
Call us at 602-933-0016, or visit  
[phoenixchildrens.org/colorectal](http://phoenixchildrens.org/colorectal)

### Infancy Phase

- Thorough examination additional testing
- Infancy goal is to avoid constipation, with medications and diet



### Pre-school Phase

- Determining which path your child is on for social continence to align with their peers in pre-school and kindergarten
- Effective communication between the patient, family and providers to develop a personalized path



### PATH 1

- Able to have bowel movements in the toilet without soiling



### PATH 3

- Unable to be clean with toileting
- Discuss options for anal enemas or antegrade enemas, education and teaching are a big part, family decides
- Additional testing to look at colon transit time, function and/or structure
- Close follow-up based on your goals, which could be daily, weekly or monthly X-rays and visits



### PATH 2

- Able to have bowel movements in the toilet without soiling
- Additional testing to look at colon transit time, function and/or structure
- Close follow-up based on child's goals, which could be daily, weekly or monthly X-rays and visits



### Maintenance Phase

- Regular visits every 6 – 12 months and as needed for any changes



We also work closely with our Motility Program.