



## What CME credits do I need to renew my AZ license?

All MDs and DOs in Arizona are required to obtain 40 hours of CME credits for license renewal every two years, including 3 hours involving opioid education. For DOs, there is an additional stipulation as follows:

- At least 24 hours must be AOA-1A CME credits
- The other 16 hours can be either AMA or AOA-1A (PCH Grand Rounds and all other UArizona approved CME activities count as AMA PRA Category 1 credits)

For exact information: [DO Renewal Application | Arizona Osteopathic Board](#)

## Do BLS/PALS/Life support classes count as AOA-1A?

Yes, all AHA courses (BLS, PALS, etc.) qualify as AOA-1A, up to a maximum of 8 credits.

### › Standardized Life Support Classes (ALS)

**Documentation:** Certificate of completion and /or signed and dated wallet card. Refer to the CME Guide at the American Osteopathic Association website ([www.osteopathic.org](http://www.osteopathic.org)) for the eligible course names and hours of credit awarded for each up to a maximum eight (8) 1-A credits per AOA three (3) year CME cycle.

Source: [DO Renewal Application | Arizona Osteopathic Board](#)

## Does Phoenix Children's offer AOA-1A credits?

Yes, starting in 2025, Phoenix Children's Hospital was approved by the AOA to serve as a sponsor of AOA-1A CME credits for any CME activities that fulfill the AOA's criteria. In the 2025-2027 period, the PCCN Noon Webinars, offered monthly, are dually accredited for both AMA-PRA Category 1 and also AOA-1A credits. You can register for each one individually at: [Educational Opportunities | Phoenix Children's Hospital](#). All DOs who attend these webinars will be sent certificates issued by the PCH CME Office twice a year, every late September and December, documenting their cumulative credits earned.

In future years, additional opportunities for AOA-1A credits may become available. Anyone wanting to start a new AOA CME series, or add dual accreditation to an existing CME event, can contact [CME@PhoenixChildrens.com](mailto:CME@PhoenixChildrens.com) for more information. The main requirement is that for any event or series to receive AOA-1A credits, 50% of the presenters need to be DOs.

## How do I document my credits when renewing my license?

The online renewal application has a link to upload CME certificates. [Arizona Board of Osteopathic Examiners in Medicine and Surgery](#) It allows DO's to upload CME credit documentation even before the renewal cycle opens.

For AOA-1A credits issued by PCH, all DOs who have earned credits will be sent a certificate issued by the PCH CME Office every late September and December, documenting their cumulative credits earned.

For AOA-1A credits issued by other AOA sponsors and/or by Life Support Courses, contact the entity that sponsored the course for your certificate of completion.

For AMA PRA Category 1 credits, you can download your CME transcript from UArizona at: <https://uarizona.cloud-cme.com/default.aspx>; login, go to MY CME → Transcripts and then filter by dates.

## Is there an exception for faculty physicians who are involved in educating osteopathic medical students and/or residents?

Yes, on the AZDO.gov website, it says that the AZ board is granting waivers for DOs who precept in accredited ACGME programs—see screenshot. [DO Renewal Application | Arizona Osteopathic Board](#)

### I am a preceptor or provide GME education to Osteopathic Medical Students, Does that count for my CME?

**Yes.** The Board encourages Osteopathic Physicians to participate and train the upcoming osteopathic medical students in AOA and AMA Accredited GME Programs.

» The Board will waive the requirement of 24 hours of AOA 1-A CME for each renewal cycle that the licensed Osteopathic Physician provides training in an AOA / AMA / ACGME Accredited GME Program.

**Documentation:** You can upload a letter from the program stating that provided training or participated in an accredited GME program or the AOA credit grid or other documentation that demonstrates that participation occurred sometime during the renewal period (For this renewal year i.e. - January 1st, 2023 to December 31, 2024)

PCH's Chief Medical Education Officer & DIO (2026 = Vasu Bhavaraju, MD) is willing to provide a generic letter to any PCMG faculty who works with residents on the main Thomas campus, certifying that he/she is a preceptor in an ACGME program. This letter can then be uploaded during license renewal.